

22<sup>nd</sup> February 2023

No. 4

### 2023 Calendar of Events

#### Term 1

#### March

Thurs	2 <sup>nd</sup>	School Photos
Mon	13 <sup>th</sup>	<b>Labour Day Public Holiday</b>
Wed	22 <sup>nd</sup> -24 <sup>th</sup>	Yr 7-9 Surf Camp
Mon	27 <sup>th</sup>	College Council Annual General Meeting
Fri	31 <sup>st</sup>	Yr 5-6 Calder Hot Shots Tennis

#### April

Tues 4<sup>th</sup> Parents' Club Meeting @ 9am

#### May

11<sup>th</sup> Parents' Club Fete

**Principal  
Jamie Daff**

College Council Annual General Meeting will be held 27<sup>th</sup> March, several positions will become vacant during this meeting. If you are interested in joining Council or have any questions please contact myself at the school. Information will also be going out on Compass in the next week.

This week our captains received congratulatory cards from Dr Anne Webster MP, wishing them all the best in their role as leaders of the College.



Tyler and Tahli



Anna and Oliver

#### School Photos

School photo envelopes were sent home with the eldest child Tuesday 21<sup>st</sup> February. Each student must only use the envelope with their own name on it. If the original named envelope is lost – only then can a **Spare blank envelope** be used (These are available from the School office).

If you wish to have a family photo, please contact the school for an extra *'family photo envelope'*.

**Please return photo envelopes by Wednesday 1<sup>st</sup> March.**

**Student Wellbeing  
Natasha Saunders**

#### Catholic Care Victoria (CCV)- Parent programs & workshops

Over the year, CCV run a wide-range of one-off parent programs, as well as lengthier workshops. The delivery is both online & face-to-face & addresses a range of useful topics. Some programs are free, however some attract a cost.

Each term they publish a calendar which will feature on the Parent's Bulletin & it has been posted to Compass. In the past, a number of staff & families have participated in CCV programs & have spoken very highly of them.

Register at: [www.catholiccarevic.org.au/register](http://www.catholiccarevic.org.au/register)

### Tuning in to Kids | 6 Sessions, Tuesdays

For parents with kids aged under 12.

Kids with emotional intelligence have better concentration, make friends more easily & are better able to regulate emotions. In this program you'll learn to help your child understand & manage their feelings.

**Tuesdays, 7pm-9pm, 7 Feb - 14 Mar**  
**Online, \$60 (\$30 Concession)**

### Circle of Security | 6 Sessions, Mondays

For parents with kids aged under 10.

This program is about attachment with your child & will help you better understand your child's emotional world by learning to read emotional needs.

**Mondays, 10am-12pm, 6 Feb - 20 Mar**  
**Catholic Care Victoria – Bendigo, \$60 (\$30 Concession)**

### Bringing Up Great Kids | 6 Sessions, Thurs

For parents with kids aged under 12.

This program uses mindfulness & reflection to help parents examine & improve communication with their children. Through respectful and positive interactions, parents & carers can support their child's development & positive identity.

**Thursdays, 10am-12pm, 9 Feb - 16 Mar**  
**Catholic Care Victoria - Bendigo, \$60 (\$30 Concession)**

### Our Kids | 6 Sessions, Tuesdays & Thursdays

This program explores how ongoing parental conflict affects children, how you can support your children through changing family relationships as well as how to develop effective communication with your co-parent.

**Tuesdays, 6pm-8pm, 21 Feb - 28 Mar**  
**Online**  
**Thursdays, 12:30pm-2:30pm, 23 Feb - 30 Mar**  
**Catholic Care Victoria – Bendigo, \$150 (\$60 Concession)**

### Knowing Your Teen

Parenting teenagers is not easy, it requires creativity, determination & patience! It is a tough phase for everybody, but you are not alone. Join us to look at the latest research around teenage brain development,

discuss peer relationships & gain tips for having a positive relationship with your teen.

**Tuesday, 6:30pm-8:30pm, 21 Mar**  
**Catholic Care Victoria – Bendigo, Thursday, 10am-11:30am, 30 Mar, Online, Free**

**Years F-6 Coordinator**  
**Kim Fitzpatrick**

March 2: School Photos  
March 13: Labour Day Holiday  
March 31: Tennis Hot Shots (Yr 5 & 6)

### F-6 Assembly

Week 4 and we ran our first assembly for the year. It was great to have parents join us to share student learnings and achievements. We welcome all who wish to join us to do so each Monday at 9am.



Oliver ran assembly this week and did a fabulous job, it is a bit scary up there all alone. It was also good to have House Captains, Tamsyn and Rhys give a short report on the swimming carnival and the Foundation students gave an enactment of 'Roses are Red'.

### Foundation Students

Next week will be the first full week for Foundation students.

### Star Students

Foundation: Whole Class!! For making such a great start to school.



Year 1 & 2: Nate for a great start to the year.



Year 3 & 4: Cody for displaying respect by always listening.



Year 5 & 6: Lacey for settling into the year 5 & 6 classroom and displaying good work habits.



### Chinese New Year Colouring Competition Winners

Also, at assembly on Monday the winners of the Chinese colouring competition were announced.



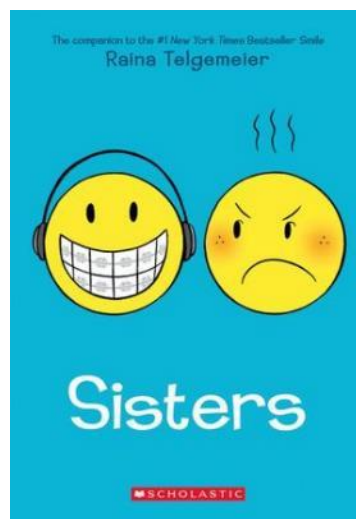
Foundation: Audrey, Year 1 & 2: Eli.



Year 3 & 4: Hudson and Year 5 & 6: Tamsyn.

### Book Recommendation

The first book recommendation of 2023 was made by Marlly. She recommended 'Sisters' by Raina Telgemeier. It is set in Colorado. This is an autobiographical graphic novel about when Raina and her sister Amara went on a trip in a van. It is full of adventure and quite comical. Marlly rates it 4 ½ stars and recommends the book for students in years 3 to 6.





**Around the classrooms:**

**Foundation and Year 1 & 2:** joined an ecolink session on Dinosaurs! They learnt about dinosaurs, drew dinosaurs and even made dinosaurs.



Students were keen to contribute



Ashton with his model.



Charlie with his drawing



Renee displaying her model



Eve showing her drawing



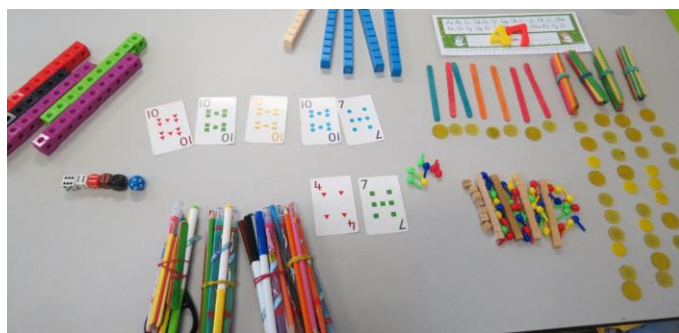
Tyson with his model.





Don with his model

Staff have been undertaking numerous Professional Development activities related to numeracy. This was a great one – show me ten things, about the given number.



STEPHANIE KITCHEN ALEXANDER GARDEN FOUNDATION  
Growing Harvesting Preparing Sharing

Contributed by the Kool Kiwis (Rhys, Anna and Marilly) Today in SAKG we had so many tomatoes and an abundance of basil, so our recipes were based around those ingredients. The Canta-Melons cooked tomato and basil pizza. The Kool Kiwis made a delicious focaccia. The Monkey Mangoes cooked risotto and The Grumpy Grapes made the tomato, garlic and basil sauce as well. After lunch everything was ready to serve, so we set the table and ate together! It was REALLY good! We voted the risotto our favourite dish. We have shared it at the end of the newsletter for you to try at home. Thanks to Danielle for helping out and thanks to Mrs Zagame!



Our meal



**Years 7 - 9 Coordinator  
Darcy McCallum**

**NCD Swimming:**

Well done to all the Charlton College students who proudly represented the College at the NCD Swimming Carnival in St Arnaud on Monday. All students swam very well and many taking home first, second and third place ribbons. Charlton finished 2<sup>nd</sup> overall in the standardised shield results!

Congratulations to Heidi and Ebony Start who both won their age champions and set multiple records across the day which were:

Heidi:	15 Yr	50m Butterfly	32.50
Ebony:	20 Yr	50m Butterfly	31.68
	17 Yr	50m Freestyle	29.79
	17 Yr	50m Backstroke	36.25

LMR Swimming will be held in Swan Hill on the 14<sup>th</sup> of March. Good luck to all our swimmers who qualified!



The Next up-coming NCD event will be the Triathlon in Boort on the 9<sup>th</sup> of March. If you are interested in representing Charlton at this event, please see Mr McCallum or Mr Thompson to put your name down!

**Years 10 – 12 Coordinator  
Meaghan King**

**School photos – Thursday 2<sup>nd</sup> March 2023**

Students will have received their school photos order package this week. These must be returned to the school before photo day even if not ordering photos. (1<sup>st</sup> March)

Photos will be taken next week Thursday, **2<sup>nd</sup> March 2023**. While Thursday is a VET Day, students **MUST** wear full school uniform on the day, and may choose to change into appropriate work wear at school. Year 11 and 12 students are required to wear their rugby tops. If you have any issues sourcing the correct school uniform, please speak with the school as soon as possible.



## Work Experience opportunity with the Melbourne Symphony Orchestra



### **What does work experience at MSO involve?**

Placements are run in a group format, with a strong focus on arts administration. During their time with the MSO, students will have the opportunity to meet with musicians and staff, mix with MSO's industry-leading artistic planning team, observe orchestral rehearsals and explore Melbourne's arts precinct.

We welcome applications by all students attending Secondary School in Australia aged 15 years+ as of the placement date.

The MSO can accept up to 30 students per placement and will hold two placements which run for three days:

**27-29 June 2023**

**5-7 September 2023**

**Applications are now open.**

For further information visit:

[www.mso.com.au/careers/work-experience](http://www.mso.com.au/careers/work-experience)

## Work Experience opportunity - Parliament of Victoria



Whether you're interested in politics, planting trees, law-making or baking, your work experience placement at the Parliament of Victoria will be an experience you'll remember. This is a unique opportunity to undertake a one-week placement in either a Parliamentary Sitting or Parliamentary Services program.

### Parliamentary Sitting placements:

provide the opportunity to see the law-making process up close. Students will go behind the scenes with the staff who directly support Parliament sittings, to get a deeper understanding of our democratic processes.

### Parliamentary Services placements:

offer a variety of opportunities that can be matched with a broad range of student interests and career goals. Students will have the option to work with staff in one of the many professional service areas that support the day-to-day business of Parliament.

For further information visit:

[www.parliament.vic.gov.au/education/work-experience](http://www.parliament.vic.gov.au/education/work-experience)

## Careers Newsletter – Year 11 and 12 students



All Year 11 & 12 Students receive a weekly emailed edition of the North Central LLEN Careers Newsletter. The Careers Newsletter includes information on upcoming Career events, University & TAFE Webinars, Open Day information, Apprenticeships, Scholarships, Gap Year opportunities, VTAC information + more.

If any Parents/guardians would like to be added to the email distribution list, please email:

[s.clay@ncllen.org.au](mailto:s.clay@ncllen.org.au)

or speak with Miss King at

[Meaghan.king@education.vic.gov.au](mailto:Meaghan.king@education.vic.gov.au)

## Victoria Police Jobs



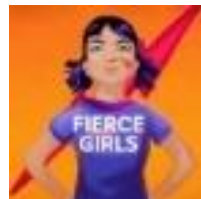
Victoria Police are the primary law enforcement agency in Victoria. There are different areas that you may be interested in pursuing:

- *Police Officer*
- *Protective Services Officer*
- *Police Custody Officer*
- *Victorian Public Servant*

To view the different roles, careers and recruitment processes visit:

[www.youtube.com/results?search\\_query=victoria+police+recruitment](https://www.youtube.com/results?search_query=victoria+police+recruitment)

## Fierce Girls Podcasts



From athletes to aviators, scientists to spies. From the deep blue sea to the dark, black skies. Australia is full of girls who dare to do things differently. Adventurous girls. Girls with guts and spirit. You know what they are? They're FIERCE!

And these are their stories. Join the amazing Daphne Hilton (Ceeney), Valerie Taylor, Nora Heysen, Mirka Moya, Yukultji Napangati, Marion Mahony Griffin, Queenie McKenzie plus more as they tell the inspiring tales of some of Australia's most extraordinary women.

Visit:

[www.abc.net.au/radio/programs/fierce-girls/](http://www.abc.net.au/radio/programs/fierce-girls/)

**Work Experience**  
**Chelsea McCallum and Abby Mulquiny**

**Fundraising updates**

Over the weekend the Year 10 students and their families were hard at work preparing and serving dinner at the Ok Motels on Saturday night. Thank you to all those involved! There have been many compliments passed on from visitors and guests celebrating the work of the students – well done everyone! We look forward to sharing some photos with you next week.

Our next fundraising event will be the annual Easter Raffle and Easter Egg Hunt! More information to come.

**Parents' Club**

**PARENTS CLUB NEWS**

Parents Club had their AGM last Friday. Thankyou to all who attended. Thankyou to Bronwyn Good who has stepped down as President. Bronwyn stepped into the role when we had difficulty finding someone willing to be President. Hayley Soulsby has moved from Vice President to President and Amy Nicolson elected to Vice President. Rachel Lloyd remains as Secretary. Thankyou ladies!

The Fete is not far away! The date has been set: Thursday 11<sup>th</sup> May. It's been a few years since we've been able to have a fete open to the community so let's make it an enjoyable success. Your assistance is required and very much appreciated.

Alternatively, you may consider a donation – some items are listed below:

**Craft items:** bath/shower products, lollies/chocolates, coffee mugs/glasses, items for Mothers' Day stall

**Children's stall:** children's novelties, notebooks, pencils

**Lolly stall** only pre-packaged sweets, or those made in a commercial kitchen

**Plant stall:** potted plants and cuttings, fruit, vegetables etc

Unfortunately, we are unable to take food donations unless it is pre-packaged or made in a commercial kitchen.

Also if anyone has any plastic/paper shopping bags to donate it would be much appreciated.

If you are able to help out on the day please contact Rachel Lloyd (Parents Club Secretary) on 0417014430. Parents Club is always looking for more members. We would love to hear your ideas. Please think about coming to our next meeting. Dates are posted on the newsletter.

**WHAT DOES THE PARENTS CLUB DO?**

Parents Club hold one major fundraiser a year being the Mothers' Day Fete. We fundraise towards something each year that the committee decides upon, usually with input from school staff or requests from staff and/or students. In the past we have provided funds for tents, sleeping mats and backpacks for Outdoor Education. We provided one Year 12 group with a new microwave. We have funded equipment in the hospitality area, such as knives and part funded a Weber BBQ and utensils. We have supplied the Stephanie Alexander Kitchen Garden program in the primary area with smart looking aprons. We helped fund outdoor tables and seating for the primary undercover area.

Every fortnight we provide fresh fruit during term 1 & 4, Milo during the cooler terms, to the primary children.

Parents' Club provides numeracy and positive behaviour awards for both primary and secondary children.

We also assist on school photo days and perform headlice checks as required.

Parents club usually meet once a month up until June, and then less frequently until the end of the year.







# Tomato & Basil Risotto

**Season:** Summer/Autumn

**Serves:** 30 tastes in the classroom or 6 at home

**Fresh from the garden:** basil, garlic, onion, tomato

**Note:** You can use either **Chicken Stock** (page 133) or **Vegetable Stock** (page 171) for this dish.

## Equipment:

medium saucepan  
metric measuring scales, jug  
and spoons  
clean tea towel  
cook's knife  
chopping board  
grater/fine grater  
large pot  
mixing spoon  
small saucepan  
ladle  
wooden spoon



## Ingredients:

1.5 L **Chicken Stock** or **Vegetable Stock**  
3 tbsp extra-virgin olive oil  
1 large onion, peeled and finely chopped  
3 garlic cloves, peeled and finely chopped  
¼ head of celery, finely chopped  
400 g risotto rice  
1 tsp butter  
1 small handful of parsley, finely chopped  
50 g parmesan, grated

**For the tomato and basil sauce:**  
60 mini plum or cherry tomatoes, halved,  
or 10 large tomatoes, roughly chopped  
50 ml olive oil  
4 large garlic cloves, peeled and finely chopped  
2 large handfuls of basil, torn  
½ tsp salt  
½ tsp black pepper

## What to do:

1. Heat the stock in the medium saucepan.
2. Prepare all of the ingredients based on the instructions in the ingredients list.
3. Heat the oil in the pot. Add the onion, garlic and celery, and cook slowly for 10 minutes.
4. For the sauce, add the tomatoes to the small saucepan with the olive oil, garlic, basil leaves, salt and pepper. Stir and turn the heat to as low as possible, then cook for 10 minutes.
5. Add the rice to the large pot with the onion, garlic and celery mix. Turn up the heat a little and keep stirring. After a minute the rice will look slightly translucent.
6. Add your first ladle of hot stock to the rice and stir.
7. Turn down the heat and continue to add stock, stirring and allowing each ladle to be absorbed by the rice before adding the next. Continue until you have used all the stock.
8. Test the rice – it should be soft but with a slight bite. Add the tomato mix and stir through.
9. Remove the risotto from the heat and add the butter, parsley and parmesan.
10. Cover and rest for 2 minutes before serving.

REX THEATRE



CHARLTON

30-34 High St Charlton 3525

T: 03 5491 2333

boxoffice@rextheatre.org.au

www.rextheatre.org.au



## REX THEATRE

### FEBRUARY | MARCH COMING ATTRACTIONS

Movie Prices: General Admission \$12 Members \$10 VIP Members FREE

**TAR** M Mature themes, coarse language and brief nudity  
158 mins Drama | Musical



Sat 25 FEB 8pm  
Sun 26 FEB 2pm  
Tue 28 FEB 8pm

Todd Field (who directed acclaimed dramas like In the Bedroom and Little Children) writes and directs TÁR, a period drama with Cate Blanchett as an orchestra conductor of a German orchestra at the heights of her career.



### CHARLTON FILM FESTIVAL

Fri 3 & Sat 4 March 2023

<https://www.facebook.com/charltonfilmfestival/>

(No movie screening Sun 5 March)

**WHAT'S LOVE GOT TO DO WITH IT?** M Coarse language and sexual references  
109 mins Comedy | Romance



Sat 11 MAR 8pm  
Sun 12 MAR 2pm  
Tue 14 MAR 8pm

For documentary filmmaker Zoe (Lily James), swiping right to find Mr Right has only delivered bad dates and funny anecdotes, much to her opinionated mother Cath's dismay. For her childhood friend and neighbour Kazim, the answer is to follow his parents' example and opt for an assisted marriage with a bright and beautiful bride from Pakistan. As Zoe films his hopeful journey from London to Lahore to marry a stranger, chosen by his parents, she begins to wonder if she might have something to learn from a different approach to finding love.



**THE WHALE** M Mature themes, sexual references, coarse language and drug use  
117 mins Drama

Sat 18 MAR 8pm  
Sun 19 MAR 2pm  
Tue 21 MAR 8pm

A reclusive English teacher suffering from severe obesity attempts to reconnect with his estranged teenage daughter for one last chance at redemption.



**MAGIC MIKE'S LAST DANCE** M Sexualized imagery, sexual references & coarse language  
112 mins Romance | Drama

Sat 25 MAR 8pm  
Sun 26 MAR 2pm  
Tue 28 MAR 8pm

"Magic" Mike Lane takes to the stage again after a lengthy hiatus, following a business deal that went bust, leaving him broke and taking bartender gigs in Florida.



# Responsible Service of Alcohol Courses

**March 27th: Mildura Workers Bowls Club**

**March 28th: Swan Hill location TBC**

**March 29th: Charlton Football Netball Club**

**March 30th: Kerang Football Netball Club**

**RSA Course duration: 6:15pm – 10.15pm**

**\$65 per person, refreshments provided prior to course**



**To register, please call 0477 960 219, 03 5021 3464, or email [lachlan@malleesportsassembly.org.au](mailto:lachlan@malleesportsassembly.org.au)**