

**16th February 2023**

**No. 3**

### 2023 Calendar of Events

#### Term 1

#### February

#### March

Thurs	2 <sup>nd</sup>	School Photos
Mon	13 <sup>th</sup>	Labour Day Public Holiday
Wed	22 <sup>nd</sup> -24 <sup>th</sup>	Yr 7-9 Surf Camp
Fri	31 <sup>st</sup>	Yr 5-6 Calder Hot Shots Tennis

#### School Vaccine Program:

Each year the Buloke Shire Council provide government funded vaccines to Secondary School Students as a part of the National Immunisation Program. Information packs and consent forms will be sent home with year 7 and year 10 students. These are **due back on Tuesday the 21st of Feb**

*Principal  
Jamie Daff*

#### Newsletter

Starting next week, the newsletter will be going out on Wednesday. This is due to how busy Thursday is in the office with an increase of student numbers onsite due to the running of VET classes.

#### Parents' Club

Parents' club will be holding a meeting Friday 17/02/2023. The meeting will start at 10am in room 10. I understand that this time is not going to be perfect so please contact me at the school if you wish to be part of parents' club but are unable to attend the meeting on Friday.

#### Privacy

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the

School's Privacy Policy, If you wish to see the School's Privacy Policy, please [Click here to view](#)

#### Badge Conferral

A fabulous crowd attended Monday's Badge Conferral Ceremony. Both our senior and junior captains are to be commended on how they spoke.



**School Captains** Tyler Riley and Tahli Roberts with School Council President, Troy Heenan





**Junior School Captains** addressing the College: Anna Fitzpatrick and Oliver M<sup>c</sup>Phee



**House Captains:**

Back: Calder: Elliott Fitzpatrick & Ebony Start; Avoca: Angus Johnstone, Jacob Olive  
 Front: Calder Junior: Xavier Good; Avoca Junior: Rhys Gahan & Tamsyn M<sup>c</sup>Gurk



**Foundation students with their Year 12 buddies**



**Student Leadership Council**



**Year 12 Class:**

Back: Charlotte Stewart, Lochlan Stewart, Bailey Hooper-Dixon, Jacob Olive, Lennon Jablonka, Tyler Riley  
 Front: Wil Nicholson, Tahli Roberts, Angus Johnstone, Alinta Marshall. Absent: Jack Chalmers

***Student Wellbeing  
 Natasha Saunders***

**Mental Health Education + Welfare Support**

This very relevant & useful session will be held TONIGHT at 7.00pm in the Function Room at the Charlton Park Community Complex. It would be great to see this event supported by our families & the wider community.



### Uniform reminder

Just a reminder, if you are finding it difficult to fund the purchase of school uniform, please do not hesitate to make contact with me at the College. Having the correct uniform enables full engagement with the learning program & supports students in feeling part of the College. There are also some great quality items in the pre-loved uniform shop, which sell for \$2.00 per item. Please contact Heidi Gibbeson if you may be interested in checking out what is available.

### Catholic Care Victoria (CCV)- Parent programs & workshops

Over the year, CCV run a wide-range of one-off parent programs, as well as lengthier workshops. The delivery is both online & face-to-face & addresses a range of range of useful topics. Some programs are free, however some attract a cost.

Each term they publish a calendar which will feature on the Parent's Bulletin & it has been posted to Compass. In the past, a number of staff & families have participated in CCV programs & have spoken very highly of them.

Register at: [www.catholiccarevic.org.au/register](http://www.catholiccarevic.org.au/register)

### Tuning in to Kids | 6 Sessions, Tuesdays

For parents with kids aged under 12.

Kids with emotional intelligence have better concentration, make friends more easily & are better able to regulate emotions. In this program you'll learn to help your child understand & manage their feelings.

**Tuesdays, 7pm-9pm, 7 Feb - 14 Mar**  
**Online, \$60 (\$30 Concession)**

### Circle of Security | 6 Sessions, Mondays

For parents with kids aged under 10.

This program is about attachment with your child & will help you better understand your child's emotional world by learning to read emotional needs.

**Mondays, 10am-12pm, 6 Feb - 20 Mar**  
**Catholic Care Victoria – Bendigo, \$60 (\$30 Concession)**

### Bringing Up Great Kids | 6 Sessions, Thurs

For parents with kids aged under 12.

This program uses mindfulness & reflection to help parents examine & improve communication with their children. Through respectful and positive interactions, parents & carers can support their child's development & positive identity.

**Thursdays, 10am-12pm, 9 Feb - 16 Mar**  
**Catholic Care Victoria - Bendigo, \$60 (\$30 Concession)**

### Our Kids | 6 Sessions, Tuesdays & Thursdays

This program explores how ongoing parental conflict affects children, how you can support your children through changing family relationships as well as how to develop effective communication with your co-parent.

**Tuesdays, 6pm-8pm, 21 Feb - 28 Mar**  
**Online**  
**Thursdays, 12:30pm-2:30pm, 23 Feb - 30 Mar**  
**Catholic Care Victoria – Bendigo, \$150 (\$60 Concession)**

### Understanding Toddlers

For parents with kids aged under 4.

This free workshop for parents & carers of toddlers covers the developmental stages of toddlers, as well as how you can connect, communicate & manage difficult behaviours in toddlers.

**Tuesday, 9:30am-11:30am, 21 Feb**  
**Catholic Care Victoria - Bendigo Thursday, 10am-11:30am, 23 Mar, Online, Free**

### Knowing Your Teen

Parenting teenagers is not easy, it requires creativity, determination & patience! It is a tough phase for everybody, but you are not alone. Join us to look at the latest research around teenage brain development, discuss peer relationships & gain tips for having a positive relationship with your teen.

**Tuesday, 6:30pm-8:30pm, 21 Mar**  
**Catholic Care Victoria – Bendigo, Thursday, 10am-11:30am, 30 Mar, Online, Free**

## Feel Good February

Not only do acts of kindness spread in a cascading effect through social networks – **kindness breeds kindness** – but generosity and acts of selflessness are also great for your own mental health!

At Charlton College we value **respect** for ourselves, each other, the environment and our community. For the rest of February students are being encouraged to consider doing **a random act of kindness** for someone each day.

Students will write notes of appreciation to classmates who will then receive the notes at the end of the day, week or month. Hopefully these little ‘warm and fuzzies’ help to brighten someone’s day 😊

Below are some photos of appreciation stations set up around the school (in the Year 8 Advisory room and on the Wellbeing notice board).



**Years F-6 Coordinator**  
**Kim Fitzpatrick**

March 2: School Photos  
March 13: Labour Day Holiday  
March 31: Tennis Hot Shots (Yr 5 & 6)

## F-6 Assemblies

**The first of these assemblies will take place this coming Monday, 20<sup>th</sup> February**, just outside the Primary building (or inside if the weather is not favourable). Parents are very welcome and encouraged to attend to celebrate achievements and happenings.

## Headlice

We have had a case of headlice reported to us. We thank the parents for being vigilant and seek your cooperation in checking your children’s hair. Anyone can get headlice. In those instances where head lice or eggs are found we ask that you treat your child’s hair prior to them returning to school. To lessen the chance of spread we encourage those with long hair to tie it back. Your cooperation on this matter is much appreciated.

## Swimming Carnival

We couldn’t have asked for better weather to get the students into the water. No one baulked, given it was the best place to be. Well done to our year 5 and 6 students who swam in the formal swimming events. More of a challenge this year, given we missed our swimming program at the end of last year. Congratulations to Xavier Good and Tamsyn and Marley M<sup>c</sup>Gurk who were awarded Under 12 age group Champions. There was great enthusiasm in amongst the F-4 students, who didn’t hesitate to get wet whilst undertaking the activities organised by Mr Thompson. It was great to have the secondary students and a large contingent of parents brave the heat to support the students from the water’s edge. Many thanks to Mr Thompson for his organisation.



Year 5 & 6 in house colours



Secondary students watching on



Anna, Marley and Tamsyn in the backstroke



Charlie collecting a ball



Xavier, Tamsyn & Rhys with their ribbons



Renee, pushed by Tyler and Sophie in the canoe race

**Around the classrooms:**

**In the yard:**

Students found this butterfly. Not only are its colours unusual, but the antennae looked like fern fronds.



Green light!



**Foundation:** In a visit, very excited students demonstrated how they could read!

**Year 1 & 2:** have been displaying some very good handwriting skills.

**Year 5 & 6 Digital Technologies:** students learnt about algorithms. They had to draw up an algorithm for a classmate to follow to make a paper plane.



Some instructions were not so great! Poor Shalmain and Marly who had to follow them!



Other instructions were fantastic and so too were the plane makers, Rhys and Oliver



Students flying their planes.



**Contributed by The Grumpy Grapes.**

Our garden is full of amazing tomatoes and basil! We will be making lots of delicious recipes incorporating these ingredients in the coming weeks. This week the Canta-Melons and Grumpy Grapes made handmade fettuccine while the cool kiwis made tomato and basil sauce to serve with it and the Monkey Mangoes make a delicious focaccia. We would love to welcome any parent who is interested in giving up a couple of hours to join us on a Tuesday afternoon. Please contact Mrs Zagame if you are interested in being a 'Vollie'.



The Canta-Melons, Marley, Lacey and Xavier working as a team to make pasta



Monkey-Melons, Sam and Tamsyn stretch out their focaccia

## House Swimming Carnival

Congratulations to all participants who got in the pool last Friday and making the day such a success. I'd like to thank all the staff who took on jobs and helped with the setup, pack up and general running of the day. It was also fantastic to see so many parents, carers and family members attend the day to support our students.

Well done to our fantastic team of Sport & House Captains who showed tremendous leadership qualities in their first sporting event for the year!

Congratulations to Calder who narrowly won the house cup by 15 points!

Well done to all our age champions! Results are below.

We also had multiple records broken throughout the day, congratulations to Heidi and Ebony Start!

Monday, 20<sup>th</sup> Feb is the NCD swimming carnival in St Arnaud. Students who have qualified, please ensure you return your permission slip ASAP.

There will be a BBQ on the day, with drinks being sold \*cash only.

All students attending must wear sports uniform please.

Please note the bus will be **leaving at 8:45am** to allow swimmers in early races time to warm up properly.

### Age Champion Results:

#### Female:

12&U	Tamsyn & Marley McGurk	Avoca
13&U	Stella Nicholson	Avoca
14&U	Heidi Start	Calder
15&U	Reagan Good	Avoca
16&U	Elise Fitzpatrick	Calder
17&U	Ebony Start	Calder
21&U	Tahli Roberts	Calder

#### Male:

12&U	Xavier Good	Calder
13&U	Murphy Fitzpatrick	Calder
14&U	Sebastian Zagame	Calder
15&U	Jye Roberts	Calder
16&U	Michael Olive	Avoca
17&U	Nick Thompson	Avoca
21&U	Bailey Dixon, Angus Johnstone, Jacob Olive	Calder, Avoca & Avoca

## Records Broken

### 14 U Female

Free Style – Heidi Start	43.8 sec
Breaststroke – Heidi Start	1:01.8 sec
Backstroke – Heidi Start	21.1 sec

### 17 U Female

Free Style – Ebony Start	41.5 sec
Breaststroke – Ebony Start	1:00.1 sec
Backstroke – Ebony Start	23.9 sec

### 20 U Female

Butterfly – Ebony Start	20.4
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### Spirit Cup

The Swimming Carnival saw the first event of the College's official inaugural spirit cup. Students participated in novelty events throughout the day to earn spirit cup points for their team, as well as staff awarding spirit cup tokens to students who displayed outstanding team spirit throughout the day. Calder again are narrowly ahead by 1 point! The next spirit cup event will be a lunchtime event run by our Sports Captains later this term.





**Years 10 – 12 Coordinator  
Meaghan King**

### **Swimming Sports**

Thank you to all senior students, and especially to the Year 12 students, for their exceptional efforts on Friday at the Swimming sports. Most senior students attended the day, showed infectious enthusiasm, and lead their teams by example. In particular, I would like to acknowledge the fine leadership demonstrated by the House Captains (Jacob Olive, Angus Johnstone, Elliot Fitzpatrick and Ebony Start), for organising their teams so that the day ran smoothly.



*Year 12 students led by example when dressing up. The costumes were not very long-lived on a 40 °C day.*

### **VCE/VET student handbook**

This week in Advisory, all Students completing a senior subject (VCE or VET) read through the College’s VCE/VET student handbook. This important policy document contains all expectations around assessment, attendance, and protocols that must be followed if a senior student is ill, particularly on the day of an assessment. It is absolutely vital that students and parents understand the contents of this policy and ensure that the protocols outlined, are followed. All students in Years 10-12 have been given a hardcopy of the policy handbook. If parents would like an additional copy, please request one by email at [meaghan.king@education.vic.gov.au](mailto:meaghan.king@education.vic.gov.au)



## The Science Experience



The Science Experience is a fun 1, 3 or 4 days of science activities for **Year 9 and 10 students**.

Each program is designed to provide students who have an interest in science with an opportunity to engage in a wide range of fascinating science activities under the guidance of scientists who love their work.

The program takes place in over thirty-five universities and tertiary institutions, within many different laboratories and lecture theatres. More than 84,000 students have taken this rare opportunity, up to date.

### Upcoming Program:

*Marine and Freshwater Discovery Centre, Queenscliff – Tuesday 18<sup>th</sup> April (School Holidays)*

Immerse yourself in marine and freshwater science in one day.

- Sharks, plankton, crabs, sea horses and seaweed.
- Freshwater beasts both big (Murray Cod) and small (mini beasts).
- Law enforcement in the aquatic world.

A combination of presentations by scientists, hands on practicals and watery activities will lead to a fulfilling program that will allow you to explore the many possibilities for future studies and careers in aquatic science and beyond.

For further information including other locations and dates please visit:

[www.scienceexperience.com.au/about-the-program](http://www.scienceexperience.com.au/about-the-program)

## Work Experience at AIE



The Academy of Interactive Entertainment (AIE) runs a Work Experience Program for students in years 10 to 12 throughout the year. Students can undertake work experience at their campuses in Sydney, Melbourne, Canberra, and Adelaide.

The Work Experience Program encompasses a range of activities including 3D animation, programming, QA testing and much more.

For further information visit:

<https://aie.edu.au/student-information/work-experience/>

## Regional Education Support Network



Regional Education Support Network (RESN) is a not-for-profit student network that offers rural and regional students free VCE educational support, such as tutoring, mentoring, and access to study resources. We currently provide 1,400 students in Queensland, New South Wales and Victoria with our full suite of academic support services.

Specifically, we answer students' questions online; hold virtual, live, tutoring sessions; provide study resources and practice questions; and deliver live seminars at schools to raise students' aspirations – all for free!

For further information visit:

[www.resn.org.au](http://www.resn.org.au)

## FreeSchool



FreeSchool is a not-for-profit organisation that exists to help all children be their best.

FreeSchool is a fantastic revision student resource for Maths, English, Science & Humanities subjects from Years 7 - 12.

The video lessons cover a wide variety of subject areas, with the lessons taught by some of Australia's Best Teachers.

### Students can:

- Find teachers in FreeSchool that resonate with them and really help them learn
- Watch videos at their own pace, and as many times as they like
- Explore new subjects and areas of interest

For more information, visit:

<https://freeschool.org.au/>

## MyFuture Career Bullseyes



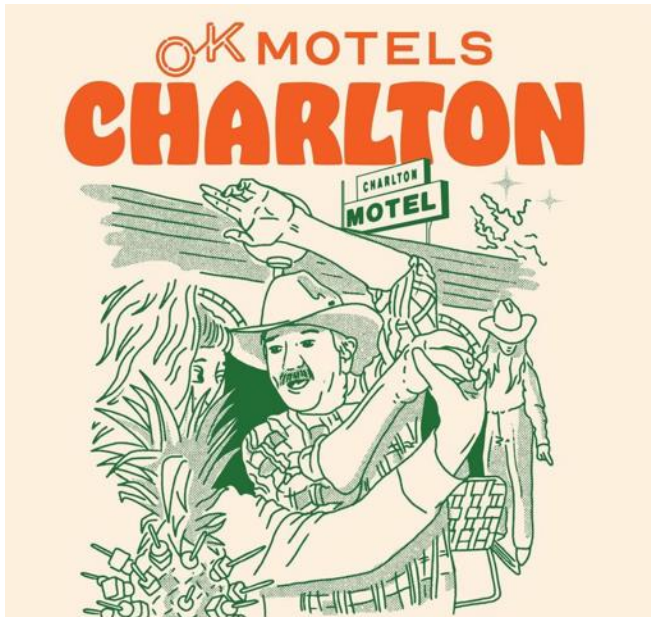
### **Career bullseyes**

You can now start exploring different career pathways by selecting a subject/learning area you enjoy.

Visit:

<https://myfuture.edu.au/bullseyes>

## OK Motels this weekend!!



The Year 10 Work Experience students will be preparing and serving dinner on Saturday night – BBQ and salads, with gluten free and vegan options too. Meals can still be purchased through the following link: <https://okmotels.oztix.com.au/outlet/event/4c70604-4-d3d8-485f-ab99-eaf0271fe505?fbclid=IwAR2o7ffdCHVEEBVA5IVs51nMlwjUCJ8aaDKro2UIm0cMHDvsDuStHRpa7bY>

### Roster for year 10 students:

Prep @ College: 1:00pm

- Paula
- Felicity
- Taylah
- Poppy
- Naomi

### All welcome 😊

5:45pm @ Motel: Serving

- Naomi
- Hayley
- Shelly
- Poppy
- Emmy
- Elise

Dishwashers

- Alena
- Felicity
- Taylah
- Zali
- Georgia
- Annie

BBQ

- Troy
- Andrew

Thank you, Kylie Fitzpatrick, for coordinating and for all students and parents for supporting the Year 10 cohort.

### SLC

**Leaders: Lennon Jablonka and Jacob Olive**

Congratulations and thank you to all the SLC representatives for the Primary and 10 – 12 group. This year these groups will be facilitated by Tom Ayers (College Chaplin – facilitating Primary) and Chelsea McCallum (facilitating 10 – 12). The two groups had their first meeting on Monday, here is a review of what was discussed:

#### Primary

The Primary SLC focused on sharing an interesting fact about themselves and recording why SLC is important to them. The group will meet again with Tom, to begin discussing their next big focus / goal.

#### 10 – 12

In the 10 – 12 group, students identified the following areas / goals to focus on this year:

- Include more dress up days at school “for fun”
- Continue improving and begin renovating the year 11 study room
- Organise some memorial paintings around the school
- Discuss the opportunity for card in the canteen

The 10 – 12 group will meet again on Tuesday of Week 6 and 8.

**BULOKE LODDON**

**TAC L2P PROGRAM**

**Need help getting your P's?**

The TAC L2P program helps young learner drivers (16-21) with limited access to supervising driver or vehicle to get on the road with trained mentors available to help them obtain the 120 hours necessary to get their licence.



For more information about this FREE program contact the North Central LLEN on 03 5491 1144 or email [l2p@ncllen.org.au](mailto:l2p@ncllen.org.au)

**North Central LLEN**

**TAC L2P PROGRAM**

**Mentor Training**



Would you like to help young people learn to drive?  
Do you have at least two hours per fortnight to spare?

Are you over 21 years old?  
Do you hold a full current driver's licence?

The Buloke Loddon L2P program matches volunteer driver mentors to young learner drivers to assist them in gaining on the road driving experience in a vehicle that is provided through the program - all we need is your time (and interest).

**A training session for Mentors is being held on Sunday 26 February 2023 at Wycheproof between 10 am and 3 pm.**

If you are interested, please email [l2p@ncllen.org.au](mailto:l2p@ncllen.org.au) or contact the North Central LLEN on 5491 1144

**First Aid for Motorcyclists**  
MOTORCYCLE ACCIDENT MANAGEMENT TRAINING



**Motorcycle Accident Management Training**  
Facilitating nationally recognised VET training and non nationally recognised training in the Motorcycle community

25th March 2023  
Kerang, Victoria

Kerang Turf club  
Full day training  
\$50.00 per person  
Funded by Vic Roads & Kerang Neighbourhood house




To book your place or for more information on our courses go to [www.fafm.com.au](http://www.fafm.com.au)

100% Australian owned, operated and nationally recognized

E: [info@fafm.com.au](mailto:info@fafm.com.au)  
First aid for Motorcyclists in partnership with ISDO RTO41558

**OUTSIDE THE LOCKER ROOM**

**MENTAL HEALTH EDUCATION + WELFARE SUPPORT**

**#STIGMASTOPHERE**

Invites all community members to attend the first of two **Mental Health Education sessions:**



**MENTAL HEALTH EDUCATION**

More than just a game

This session covers the signs and symptoms of mental ill health, how to start the conversation and how to support an individual going through a mental health challenge.

More information from <https://otlr.org.au/>

Thanks to the support of **Charlton & District Community Bank & Buloke Shire**

Bendigo Bank Community Bank Charlton & District

**BULOKE SHIRE COUNCIL**

**Thursday 16<sup>th</sup> February 2023, 7pm**  
**in the Charlton Park Community Complex Function Room.**

**CREEK RESTORATION**  
Starting 10th Feb 2023  
over 8 weeks

- \* Bank stabilisation techniques
- \* Erosion & control methods
- \* Vegetation, Biodiversity & Habitat
- \* Hydrology, Morphology & Water quality

\$ 90 Non-Concession  
\$ 50 Concession  
Includes Field Trips & Transportation

To book call 5494 3489 or via website

# OFFICE SKILLS

Register for an individual class or all 3  
Fridays 1:30 - 3:30 pm



## Class 1: Fri 10th Feb Emails

Emailing, Attachments,  
Organising, Contacts



## Class 2: Fri 17th Feb Microsoft

How to use Microsoft programs



## Class 3: Fri 24th Feb Equipment

Using printer, photocopier, USBs  
etc.



To book call 5494 3489 or via website  
\$10/class or \$20 for all classes

# WORKING IN RETAIL



Class 1: OH&S & Customer Service

Class 2: Dealing with \$: EFT, Cash register, etc

Class 3: Advertising & Presentation

Mar / Apr TBC  
\$x.xx TBC

# Online Banking

Partnering with: Community Bank Inglewood & Districts (Branch of Bendigo Bank)



- ✓ Introduction to Cyber Security
- ✓ Keeping you safe online
- ✓ Recognising scams
- ✓ Monitor your accounts
- ✓ Introduction to Mobile & Computer Banking
- ✓ Setup an online account
- ✓ Pay bills
- ✓ Transfer money between your accounts

Gold coin donation  
Morning Tea provided  
Attend Both or Either Session



Coming in: **Feb 2023**  
To book: Call 5494 3489 or Website



**HLTAID001 & HLTAID003**

# FIRST AID & CPR TRAINING

**MONDAY, FEB 20TH 2023**

Provided by popular trainer Dawn Ferrier from TALKSMART TRAINING.

**At Charlton Senior Citizens from 6pm-8pm.**  
(Face to Face component)

**Space is limited so register today!**

**Prices:**  
CPR only- \$85  
First Aid- \$180

*2 part course with both face to face and online. Online component to be completed prior to the training evening.*



REGISTER BY OUR WEBSITE [HTTPS://WWW.CHARLTONNH.ORG.AU/](https://www.charltonnh.org.au/) PHONE 0473 759 456 OR POP INTO THE NEIGHBOURHOOD HOUSE



**Dawn Ferrier - TALK SMART TRAINING**

# FIRST AID & CPR TRAINING

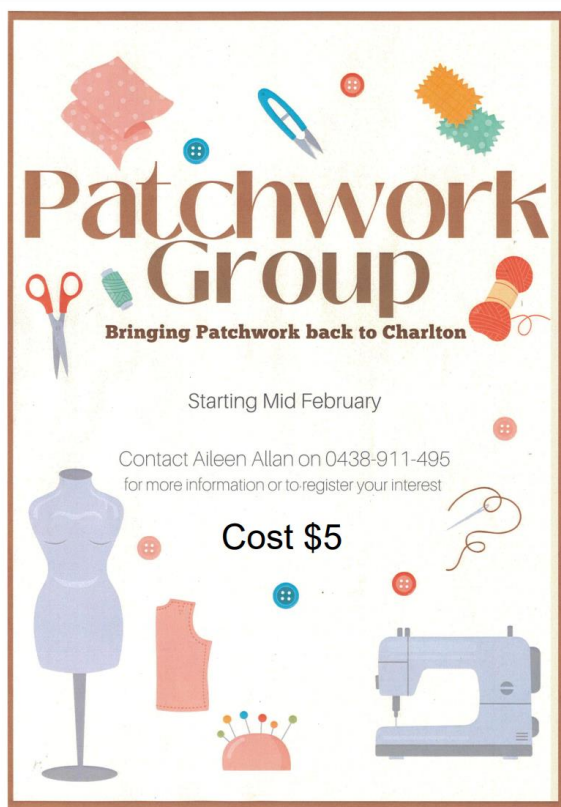
**MONDAY FEBRUARY 20th, 2023**

at Wycheproof Community Resource Centre from 8:30am.

- Online training to be completed prior to face to face demonstration of CPR - maximum of 1 hour

**Register today!**

REGISTER AT: WYCHEPROOF COMMUNITY RESOURCE CENTRE PHONE: 5493 7455 [info@wycheproofcc.org.au](mailto:info@wycheproofcc.org.au)




# Patchwork Group

Bringing Patchwork back to Charlton


Starting Mid February

Contact Aileen Allan on 0438-911-495 for more information or to register your interest

**Cost \$5**



# All Welcome Charlton Playgroup



Monday's during school term,  
9:30-11am

At the St Joseph's Primary School Multi-purpose room  
(25 Watson St, Charlton)

**It's Free!**

Indoor & Outdoor activities for all ages

For further information please Call  
Rach Smyth 0400 042 885 or  
Abby Mulquiny 0438 072 385  
Email: [playgroupcharlton@gmail.com](mailto:playgroupcharlton@gmail.com)



### LEVEL 1 SPORTS TRAINER

SUNDAY 5 MARCH | 8:30AM - 5:00PM

COST: \$285

ADDRESS: Wycheproof Narraport Football Club, Calder Highway, Wycheproof VIC

CONTACT: Rhonda Allan, 0427 780 109 rhonda@malleesportsassembly.org.au



REGISTRATION: Scan QR Code or click [HERE](#).



### LEVEL 1 SPORTS TRAINER REACCREDITATION

SUNDAY 5 MARCH | 2:30PM - 5:00PM

COST: \$120

ADDRESS: Wycheproof Narraport Football Club, Calder Highway, Wycheproof VIC

CONTACT: Rhonda Allan, 0427 780 109 rhonda@malleesportsassembly.org.au



REGISTRATION: Scan QR Code or click [HERE](#).

