

2023 Calendar of Events

Term 1

February

Mon	6th	Badge Conferral (<i>refer information</i>)
Fri	10 th	Swimming Sports

March

Thurs	2 nd	School Photos
Mon	13 th	Labour Day Public Holiday
Wed	22 nd -24 th	Yr 7-9 Surf Camp
Fri	31 st	Yr 5-6 Calder Hot Shots Tennis

**Principal
Jamie Daff**

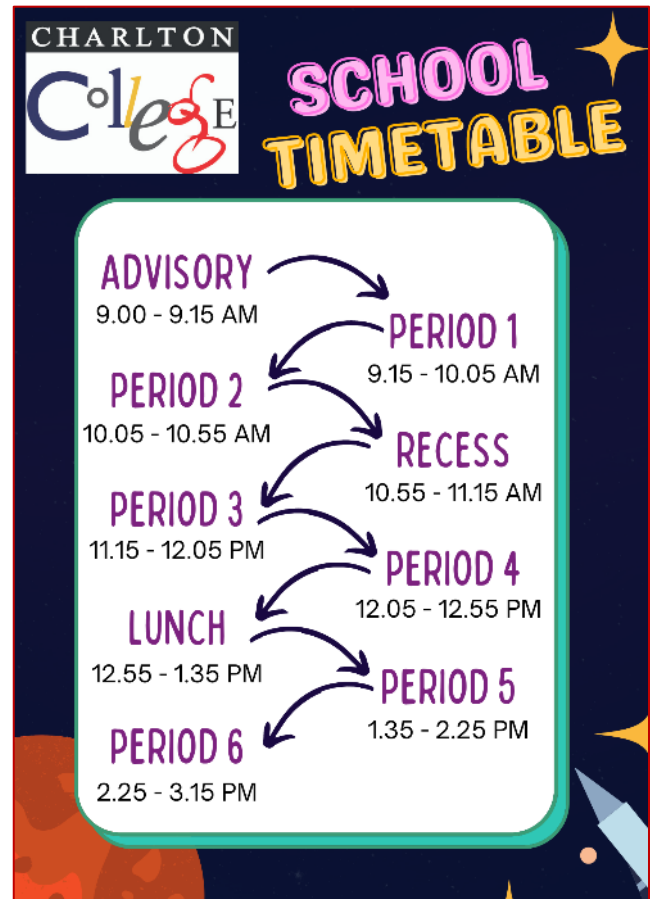
It has been a very busy start to the year with lots of changes and activities to get the year underway. I need to remind everyone that we are a sunsmart school so during terms 1 and 4 we all need to be wearing our school hats when outside.

We have the school swimming sports on Friday (**tomorrow**); this is a great opportunity for all staff, students, families and community members to come and be involved and support the students during their events.

The first school council meeting will be held Monday February 13th at 7pm. We are looking for one additional parent representative. If you are interested, please contact the College.

Uniform

The College has committed to a uniform to provide a sense of identification and pride in belonging with the school and to ensure equity, so students do not feel they have to dress competitively. We would appreciate parent cooperation in this matter.



Below is an outline of the summer uniform requirements:

Shoes

Black shoes or boots, no higher than ankle height. Black sports shoes are accepted providing they are entirely black.

Socks

White or dark socks

Shirts

Cobalt blue polo

Shorts

Navy Blue Max Daxx F-12, Navy Blue-Lenaren Fashion Dress Shorts F-12 or Navy Blue cotton short F-4

Dresses

School Gingham Dress Blue/White-Lenaren School Wear.

Windcheaters/Jackets

Navy windcheater/Hoodie

Sports Uniform

Secondary only: Sport polo shirt is to be worn for all inter-school sports days and Physical Education and Sport classes.

Charlton College Logo must be included on all designs. All logos on garments are embroidered on the left chest. All items are available for purchase through Charlton Mensland.

Hats

Students are to wear the approved school hat. Hats are available from the school shop. (see School office)

A note from parents is always required if students are not in correct uniform (to cover a short period only).

Should families require support, please contact the College Wellbeing Coordinator, Natasha Saunders.

Badge Conferral



Badge Conferral will take place this coming Monday at 9am. All student leaders will be officially inducted at this ceremony and the Foundation students will be officially welcomed to the College. Parents are invited to attend. The event will be held outside in the quadrangle.



School Uniform Shop

This is a reminder to our school families of the fantastic resource we have here at the college in our school uniform shop!

Conveyance Allowance

Families in rural and regional Victoria can get help with the cost of transporting their children to their nearest school or campus. This is known as the conveyance allowance.

The conveyance allowance is available to students travelling by:

- public transport
- private car
- private bus

or to students whose nearest school is not serviced by a free school bus.

The conveyance allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Who can apply?

The conveyance allowance is available to families who meet certain criteria.

Students attending a school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary
- reside 4.8km or more by the shortest practicable route from that school/campus attended
- be of school age (5 to 18 years old at time of application) and reside in Victoria.

Do you have a current Health Care Card?

Have you applied for the CSEF (Camps, Sports & Excursions funding)?

If families have applied in the previous year, those applications will be "rolled over". However if a new student has enrolled this year, a new application will need to be completed. Please complete the application attached to this newsletter and provide your HCC at the Office for identification.

Student Wellbeing Natasha Saunders

Student Wellbeing co-ordinator - what's it all about?

A common question I am asked at the beginning of a school year, particularly by new parents, is 'what do you do?' & 'does your work include the Primary area?' so I thought it may be a good opportunity to outline some of the things I do.

In a nutshell, my role is about supporting student development & wellbeing to ensure the personal development of individuals & groups of students throughout the whole school (F-12).

The role really does look different every day. I have included some of the things that I do below that may be useful for you to know:

- Make referrals to our Student Support Services (SSS) Speech Therapists & Psychologist for things such as speech assessments, cognitive assessments etc
- Work closely with our SSS Speech Therapists & Psychologist to support you & your family
- Co-ordinate the Disability Inclusion package

- Make referrals to external agencies & support families to access their services
- Co-ordinate &/or attend SSGs (Student Support Group) meetings for identified students
- Support the development of IEPs (Individual Education Plans) & BSPs (Behaviour Support Plans) for identified students...we love acronyms in the Education Department
- Represent the College on Care Teams for identified students
- Assist families with uniform & other educational needs if financial support is required
- Work with our Tom Ayars, our Chaplain, & Rebecca Cossar, our Mental Health Practitioner, as well as Teacher Advisors, co-ordinators (F-12) & teaching staff to support your child/ren
- Support staff & families with relevant resources, programs, professional development, workshops etc
- Support the implementation of policies such as Mandatory reporting, Child Safe Standards & others such as Headlice policy, attendance, school engagement just to name a few
- Support students & families who may just need a bit of extra support- a chat, a check in etc

If you have any questions, or you are unsure as to whether a question or challenge fits in my role, please make contact. If I am not the best person to support you, I can always steer you in the right direction!



Every day counts - School attendance

Attached to this Parent's Bulletin are two fact sheets: one for primary & one for secondary aged students. They outline the critical importance of regular attendance at school & I would encourage all students & families to have a read. I will also upload the documents to Compass.

Some important & interesting facts:

- Missing 1 day per fortnight is the same as missing 4 weeks of a school year (that's almost half a term!).
- From Foundation to Year 12, **missing 1 day per fortnight** adds up to a total of **1 ½ years of schooling missed!**

- Attending school equips you with skills & habits that you take into adulthood
- Evidence shows that regular school attenders have better outcomes in life after school
- School is actually better when you attend!

The fact sheets contain tips for getting to school & resources you can access. If attending school is a struggle, we would encourage families to contact Teacher Advisors, co-ordinators or myself for some support. Attendance challenges are much easier to deal with in their infancy, rather than after prolonged periods of absence.

Years F-6 Coordinator
Kim Fitzpatrick

F-6 Upcoming Events

Feb 10: Swimming Carnival (2pm start)
Feb 13: Badge Conferral (9am)
Thurs Mar 2: School Photos

Everyone is beginning to gain a feel for being back at school and adjusting to the change in the timetable. Thanks to our wonderful Foundation students and parents who have come into school to undertake the compulsory testing. We appreciate your cooperation.

F-6 Assemblies

The first of these assemblies will take place on Monday 20th February, just outside the Primary building (or inside if the weather is not favourable). Parents are very welcome and encouraged to attend to celebrate achievements and happenings.



It was a "red" beginning to the week. Students wearing the colour predominately associated with the Chinese culture. Students were in multi-aged groups while learning more about the Chinese culture.

Students played some games, and everyone learnt that it was the cheeky rat that won the race that was held to decide the order of the Zodiac signs. This year being the year of the Rabbit.



Lily, Nate, Lacey and Sophie discussing with Lucinda which animal came next in the race.

The Chinese Tea tasting with authentic Chinese teapots and cups struck great interest from the students, who while sipping was treated to an array of treats, including crispy seaweed crackers, sour plums (my favourite), hawthorne flakes and sunflower seeds. Always a favourite of the students.



Eli, Ashton and Delilah sipping tea.



Lilymae, Archie, Jonathon, Renee & Marley with the all-time favourite, sunflower seeds.

In the kitchen, students made Chinese Rice Balls. These balls had 6 different types of rice mixed together (white, glutinous, red, black, basmati and millet), vegetables coated in sauce and egg. They were a big hit, with students really enjoying them.



Isabella and Cody making their rice balls.



Marley and Renee wrapping up their rice balls.

A massive thanks goes to Kim Yap who organised these experiences for the students, Penny Van Boven and the staff who assisted on Monday. Such a fabulous day for all.

Swimming Carnival



Tomorrow, February 10th, the College will hold its Twilight Swimming Sports. The children are not required at school until 1.45pm to start at 2.00pm. Bus travellers will be collected to get to school/the pool on time – please see bus drivers.

The sports will finish and be followed by a BBQ tea from 5.00pm with buses collecting travellers from the pool at 5.30 pm.

- **Yr 5/6 students are to go to the pool for events to begin at 2.00 pm.** Please dress in house colours and take swimmers, towels, hats, drinkers and food snacks. The pool canteen will be operating.
- **F/1/2/3/4 students commence lessons at school at 2.00pm** and will be taken to the pool for their events around 4.00 pm. The children will be bussed to the pool with Miss O'Callaghan, Mrs Fahey and Mrs Judd. The children should **wear their school uniform** (including shoes or sandals) and need to **bring afternoon tea and reader bags** as well as swimmers, drinkers and towels.

The weather will be fabulous for swimming, it is a fantastic opportunity for our year 5 & 6 students to test themselves swimming a distance, and Mr Thompson has organised some fantastic activities for our F-4 students. We really hope parents can find the time to get along and watch.

Camps in 2023



Year 4-6: Campaspe Downs 14th – 16th June 2023

Year 2/3: Sleep Over: Mon 6th Nov 2023

Foundation/Year 1: Late Stay: Mon 6th Nov 2023

Around the classrooms:

Year 1 and 2 students have begun using manipulatives during maths as part of Math U See. Each block represents the units 1 – 10. There is also a block which represents 100. The goal for Math U See is for students to develop mastery and automaticity in counting and number when solving problems in real life.



Eli colouring the Manipulatives

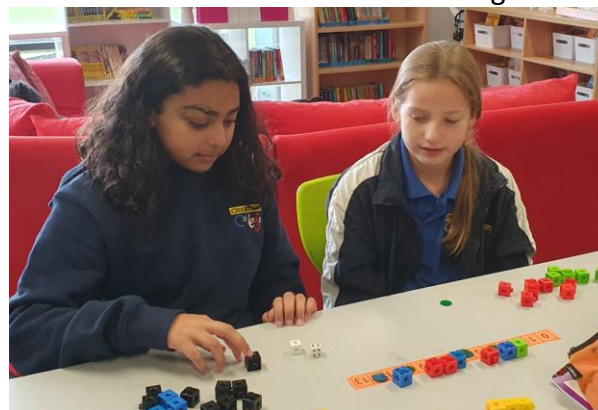


Lily and Cody solving a problem

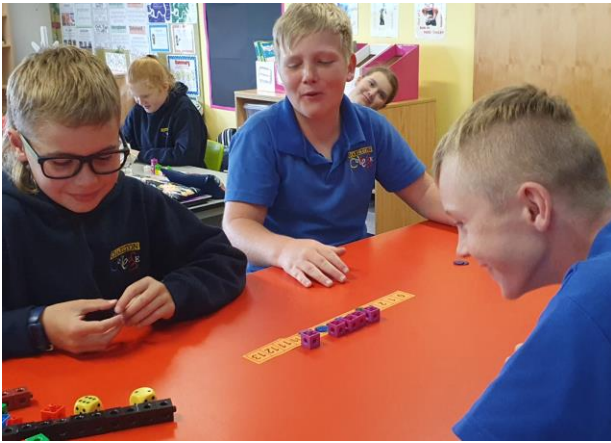


Tom building a number

Year 5 & 6 undertook an investigation titled “Number Tracks” in their first problem solving session. Students woke up to the fact that the sum on two dice cannot be 0, 1 or 13 even before the dice were rolled. There was no fooling them!

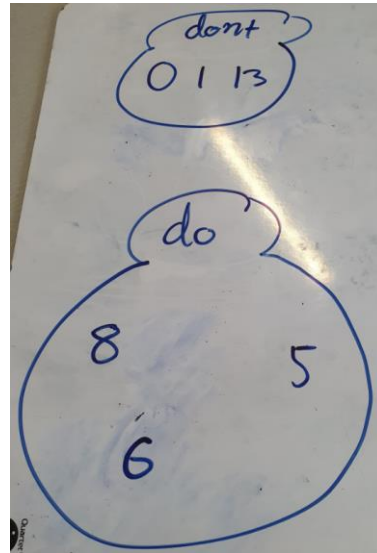


Marlly and Shalmain early into their investigation



Sam, Rhys and Oliver

Whilst playing games, students collected data and made physical bar charts. After some time the class data was gathered together and each group made some recommendations for new comers to the game.

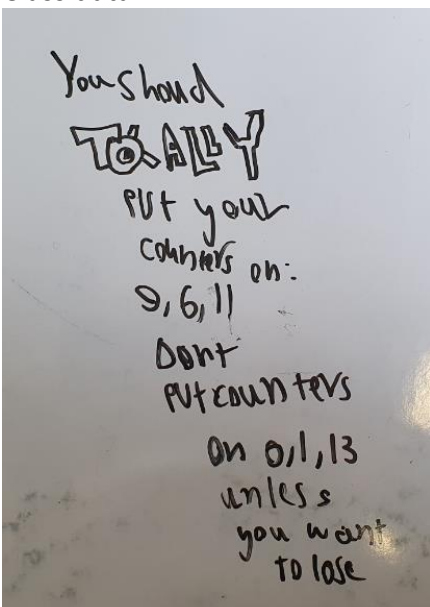


Contributed by the 'Canta-melons'.

Welcome back to SAKG for 2023! The Yr 5/6's have their assigned groups and have come up with the following fun names for this semester. We have 'The Canta-melons'; 'Grumpy Grapes'; 'Kool Kiwi's' and 'Monkey Mangoes'



Class data



Tamsyn finely slicing the vegetables



Xavier, Lacey and Marley soaking and rolling their rice paper

This week we refreshed our knife skills and made rice paper rolls with Mrs. Zagame and Danielle. In our rolls we had egg, carrot, tofu, cucumber, bean shoots and rice noodles. We all thought they were delicious!



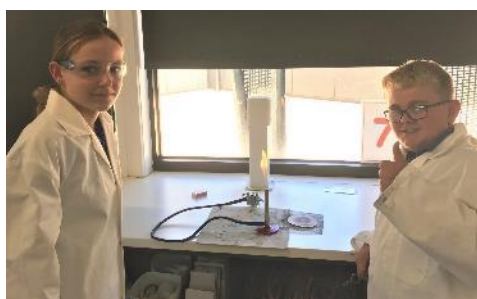
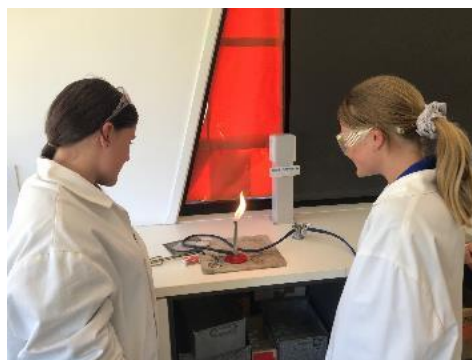
If there are any parents who would love to help out in the kitchen, classes run from 12:05pm to 2:25pm (with a lunch break in between) every Tuesday. There is no weekly commitment, we would love to have you whenever you can come! Please contact the school if you are available.

Years 7 - 9 Coordinator
Darcy McCallum

School Vaccine Program:

Each year the Buloke Shire Council provide government funded vaccines to Secondary School Students as a part of the National Immunisation Program. Information packs and consent forms will be sent home with year 7 and year 10 students. These are due back on **Tuesday the 21st of Feb.**

Year 7 Science students appeared to enjoy and be engaged by their first encounter with the Bunsen burner. After going through the essential safety requirements involved in the use of this item, students were able to investigate the effect of the two different flames on science equipment. Well done to all students for their responsible and enthusiastic approach to this activity.



7 – 10 PE:

During 7-10 PE classes and 7-9 Sport students have been in the pool swimming getting ready for the College House Swimming Sports tomorrow! Remember to dress up in your house colours and come along and support your team in a fun day of swimming and novelty events!

**Years 10 – 12 Coordinator
Meaghan King**



Year 7 Camp:

Last week year 7 students ventured to Boort for their orientation camp. Apart from almost being blown away on Thursday night the student had a fantastic time. Some highlights from the students were making wood fire pizzas, the amazing spanner sculptures at the spanner man and playing croquet.



Badge conferral

As advertised elsewhere in this publication, Badge Conferral will take place on Monday 13th February. It is important that all students are wearing their full and correct school uniforms on the day. Parents are welcome to attend – particularly parents of Year 12 students, who will be recognised on the day as they undertake their final year of schooling.

Unit 1 Chemistry news



“Pictured above, two dashing and daring young chemists, Soulsby and Holmes-Brown, performing ground-breaking new research on identifying metal ions based on flame colours.”

- Fletcher Holmes-Brown

Employment and training opportunities

A regular feature of this section of the Bulletin is employment and training opportunities, along with other career-focused information. Senior students are encouraged to read this information, and follow up with anything that interests them. Information will also be sent to Year 10, 11 and 12 students via their school emails.

Careers and Pathways Program

A reminder that Sue Clay from the North Central LLEN is Charlton College’s Individual Careers Pathways Coordinator. Sue is a qualified Career Development Practitioner who works closely with Miss King, and visits the College approximately 5-6 full days per term. She is available Career Development appointments with all Students in Years 9-12.

During these Career appointments Students discuss Subject selection, Personal Strengths, Abilities and Interests, Goal Setting, Career interests, Resumes, Work Experience opportunities etc.

Each student has a Career Pathways Plan that is updated after each appointment, and these reports are available to the students and their Parents/Guardians.

Appointments are organised via Year 10-12 Co-ordinator, Meaghan King, or by using the booking sheets on the 10-12 board, across from Room 5.

**MIPs dates for Term 1 commence next week
Wednesday, 15th February!**

Dates for the rest of the term are as follows:

- Wednesday 15th February
- Monday 20th February
- Friday 3rd March
- Tuesday 7th March
- Monday 20th March
- Friday 31st March

New students, and students in Year 9, will be given a permission form in the coming weeks. It is important that these are returned prior to students being able to work with Sue.

For more information:

www.ncllen.org.au/careers-education-partnership.html

Welcome Abby Mulquiny

I would like to take this opportunity to welcome Abby Mulquiny to Charlton College. Abby will be at the school every Wednesday to assist our students in the careers area. Today, she met with some of our Vocational students to assist them with finding a work placement as part of their program. For more information on how to access Abby, please contact Miss King or Mr Daff.

Scholarship opportunity

Attention: Year 12 Students

ANU Tuckwell Scholarship Program

Open: March 1, 2023

Closes: April 3, 2023

Value: \$24,700 AUD per year

<https://tuckwell.anu.edu.au/>

University of Melbourne Hansen Scholarship

Open: February 3, 2023

Closes: March 30, 2023

Value: Up to \$108,000 AUD

<https://scholarships.unimelb.edu.au/awards/hansen-scholarship>

3 Things to Think About When Looking for Work Experience

If you've been looking for work experience, you might be having some trouble knowing whether or not a placement is right for you. Here are some tips that can help you narrow down your options and make the right choice.

Think outside the box!

You might already know exactly where you want to do your work experience. But sometimes it's not always possible to get exactly what you want.

Say you'd like to work at a zoo one day, so you look for work experience at a zoo nearby, but their placements are all taken – or there are no zoos where you live. What next?

Well, you could always do a placement somewhere similar, where you'll be doing similar tasks and gaining valuable skills. Think about other places you might be able to work with animals – at a local shelter, at a vet's office, or even with animal management at the local council. Just because your dream option won't work doesn't mean there aren't tons of other valuable opportunities out there.

Do some research!

Before you commit to a work experience placement, it's always good if you can have a chat with your potential employer to get a feel for the place and what to expect.

Make sure you know exactly what is expected of you, such as what time you need to show up and what you need to wear or bring with you.

If a placement runs over a set date, make sure you can fully commit to it.

As a work experience student, you should never be expected to do work that a paid employee would be doing. Most of your day will involve shadowing, asking questions, or working on mock projects or exercises. If you have concerns, speak with a senior employee or manager, or get in touch with your school. If you need to you can also visit: www.fairwork.gov.au.

Looking for work experience?

If you're looking for more work experience opportunities, take a look here:

<https://studyworkgrow.com.au/work-experience/>

Work Experience
Chelsea McCallum and Abby Mulquiny

Fundraising updates

Tennis Tournament

During the school holidays, the Year 10's started their fundraising journey, by selling ice-creams at the local tennis tournament. The group did a great job and made an excellent start to their fundraising goals.



The following events have provided the Year 10 students the opportunity to fundraise money, to help with their Work Experience in Melbourne. They would appreciate any support in the following events. More detail will be provided closer to each event:

Upcoming fundraisers



Opportunity	Date
Thursday night dinner at the Football / Netball / Hockey Clubrooms	TBC
OK Motel catering	17th - 19th of February
Easter Raffle and egg hunt	Beginning in February, drawn on last day of Term 1
Football Tipping	March
Thermomix raffle	For Mothers Day
Charlton Film Festival	4th of March
Charlton Ford coupe show - Bacon and Egg Breakfast	Sunday 30th April

Student Interests for 2023

The Year 10 students have started their search for Work Experience in Melbourne at the end of the year. Below are a list of industries that students have brainstormed and potential areas of interest. Last year we learnt how powerful "it's not what you know, it's who you know", therefore, the students would really appreciate it if you could please spend a few minutes looking over the list to see if there are any potential contacts that you know of in any of the following industries. Students will be staying in Fitzroy and completing Work Experience from the 20th of November - 1st of December.

On behalf of the year 10's,
Thank you in advance.

Week 1 industry ideas	Week 2 industry ideas
<ul style="list-style-type: none"> Retail Design Photography 	<ul style="list-style-type: none"> Fashion design Model agency Dress maker
<ul style="list-style-type: none"> Photography Interior design 	<ul style="list-style-type: none"> Law Physio
<ul style="list-style-type: none"> Teaching 	<ul style="list-style-type: none"> Social work
<ul style="list-style-type: none"> Gym Modelling 	<ul style="list-style-type: none"> Salon Hospital
<ul style="list-style-type: none"> Cafe Kinder teacher Hospital Holey Moley golf person 	<ul style="list-style-type: none"> Modelling Event management (party planner)
<ul style="list-style-type: none"> Hospital Childcare Teaching Social work Kinder teacher Primary school teacher 	<ul style="list-style-type: none"> Zoo Receptionist Journalism Broadcasting company News reporter
<ul style="list-style-type: none"> Social work Journalism 	<ul style="list-style-type: none"> Occupational Therapist Lawyer
<ul style="list-style-type: none"> Sports management 	<ul style="list-style-type: none"> Zoo Botanical garden worker
<ul style="list-style-type: none"> Law 	<ul style="list-style-type: none">
<ul style="list-style-type: none"> Police force 	<ul style="list-style-type: none"> Childcare
<ul style="list-style-type: none"> Zookeeper Flight attendance Childcare Spots management 	<ul style="list-style-type: none"> Fire brigade Hair dressing Disability worker
<ul style="list-style-type: none"> Zookeeper, sports management 	<ul style="list-style-type: none"> Gym, sports coach, vet



EVERY DAY COUNTS

ATTENDANCE FACT SHEET FOR PRIMARY SCHOOL STUDENTS

School is better when you're here

DO I HAVE TO GO TO SCHOOL?

Yes, in Victoria everyone aged from 6 – 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you are away and wonder if you are OK. |

WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you are at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

DO MY PARENTS NEED TO LET THE SCHOOL KNOW IF I'M GOING TO BE AWAY?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents might get a letter from the principal asking about why you're away.

ARE THERE ANY GOOD REASONS TO BE AWAY FROM SCHOOL?

No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.



EVERY DAY COUNTS

If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

IF I'M NOT AT SCHOOL WHAT DO I MISS OUT ON?

You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge.

Being away means you might miss out on a lot of learning or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections.

Believe it or not, everyone wants you at school and it really is better when you attend.

WHAT IF I'M HAVING PROBLEMS GETTING TO SCHOOL?

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

- Asking your parents for help getting ready
- Having a set time to go to bed
- Leaving all technology out of your bedroom
- Packing your school bag the night before with everything you need
- Having a set time for breakfast
- Planning to meet up with a friend so you can travel to school together.

Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends. Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. Many people want to help you. Try talking to:

- Your parents or another adult family member
- A trusted teacher
- Wellbeing Coordinator or the school counsellor
- Another trusted adult like your coach

USEFUL WEBSITES/CONTACTS

Kids Matter - www.kidsmatter.edu.au

Youth Beyond Blue -
www.youthbeyondblue.com.au

Headspace - www.headspace.org.au
or e-headspace
www.eheadspace.org.au/ for online
counselling & support

Reach Out – www.reachout.com

Kids helpline - 1800 55 1800 24 hours
a day, 7 days a week or [web
counselling](#)



EVERY DAY COUNTS

EVERY DAY COUNTS

ATTENDANCE FACT SHEET FOR SECONDARY SCHOOL STUDENTS

School is better when you're here

DO I HAVE TO GO TO SCHOOL?

Yes. Victoria school is compulsory until you turn 17.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school.

Apart from this, school is better when you attend. Your friends and your teachers notice that you're away and wonder if you're OK.

WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?

Right now, being at school is your most important job. You're building habits that you'll take into adulthood.

While it might not seem obvious, when you come to school you are learning about more than just Maths and English. You're learning all sorts of skills like working in teams and meeting deadlines that will help when you're an adult.

If you can't show up to school every day, how will you learn to show up for work?

Being at school every day also means you are involved in your own learning, interacting with other students and teachers and are a part of environment that is motivating and stimulating.

You can get help from your teachers and friends and won't have to rely on trying to learn things in your own time.

There is also a lot of evidence that shows that young people who attend school more frequently have better outcomes after school too.

This means they earn more money, have better job prospects, are less likely to misuse drugs and alcohol and are generally healthier.

DO I NEED TO LET SCHOOL KNOW IF I'M GOING TO BE AWAY?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away. The school then decides if the absence is approved or not according to their attendance policy.

If you aren't at school, and the school hasn't heard from your parents, they now have to try and contact them as soon as possible on the day that you're away.



EVERY DAY COUNTS

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents can also get in trouble.

Many schools have their own attendance requirements as well. This means you might pass a subject academically but fail it if you've missed too many classes. This is especially the case with VCE and VCAL.

You need to find out what your school's attendance policy [is](#) so you aren't unintentionally getting into trouble.

ARE THERE ANY GOOD REASONS TO BE AWAY FROM SCHOOL?

Basically, no. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.

If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

IF I'M NOT AT SCHOOL, WHAT DO I MISS OUT ON?

You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge. Being away means you miss out on the content altogether or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out hanging out with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections. Believe it or not, everyone wants you at school and it really is better when you attend.

WHAT IF I'M HAVING PROBLEMS GETTING TO SCHOOL?

Sometimes getting to school can be about having a good routine. If you find yourself running late or missing school because you're disorganised, try:

- Having a set time to go to bed
- Being really disciplined with technology – turn it off or better yet, leave it out of your room altogether. You can catch up on the all the chat and the latest episode of whatever you're watching [later on](#)
- Packing your [bag](#) the night before



EVERY DAY COUNTS

- Having a set time for breakfast
- Planning to meet up with a friend so you can travel to school together.

Sometimes though it can be hard to get to school. You might feel overwhelmed by the work or things might be tough with your friends. Maybe you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. There are lots of people who want to help. Try talking to:

- Your parents or another adult family member
- A trusted teacher
- Your year level coordinator
- Wellbeing Coordinator or the school counsellor
- Another trusted adult like your coach

USEFUL WEBSITES/CONTACTS

[Kids Matter](#)

[Youth Beyond Blue](#)

[Headspace](#) or [e-headspace](#) for online counselling & support

[Reach Out](#)

Kids helpline - 1800 55 1800 24 hours a day, 7 days a week or [web counselling](#)

CSEF ELIGIBILITY

Below are the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

Criteria 1 – General eligibility

To be eligible for the fund, a parent or carer of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one
 - on the first day of Term two
- a) be a holder of one or more of the eligible financially-means tested cards **OR** be a temporary foster parent, and;
- b) submit an application to the school by the due date.

For the list of eligible financially-means tested cards refer to the CSEF Policy:

<https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/policy>

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with the above.

Criteria 2 - Be of school age and attend school in Victoria

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. CSEF is not payable to students attending pre-school, kindergarten, home schooled, or TAFE.

Special Consideration

A special consideration category exists for

- Families on a bridging visa, temporary protection visa, in community detention or are asylum seeker families
- Students in temporary out of home care arrangements, including statutory kinship care

For more information, see <https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/eligibility>

Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/carer concession card being validated successfully with Centrelink on the first day of either term one (30 January 2023) or term two (24 April 2023).

PAYMENT AMOUNTS

CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$125 per year.
- Secondary school student rate: \$225 per year.

The CSEF is paid directly to your child's school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see:

www.education.vic.gov.au/about/programs/Pages/csef.aspx

Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents/carers so please register your interest at the school.

HOW TO COMPLETE THE APPLICATION FORM

NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

1. Complete the PARENT/CARER DETAILS section.

Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.

If you are claiming as a temporary Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.

If you are seeking special consideration, mark this in the form and provide a copy of the relevant documentation.

2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2023 closes on the 23 June 2023.

FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:
<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

Parent/carer details

Surname _____

First name _____

Address _____

Town/suburb _____ State _____ Postcode _____

Contact number _____

Centrelink pensioner concession **OR** Health care card number (CRN)

- - - **OR**

Foster parent under a temporary care order* **OR** Veterans affairs pensioner (Gold Card)**

*Foster Parents must provide a copy of the temporary care order letter from the Department of Families, Fairness and Housing (DFFH).

**Applicants must provide a copy of the Veteran Affairs Gold card

Is this an application for special consideration (no CRN needed)? Yes No

Student details

Student's surname	Student's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Families, Fairness and Housing (DFFH) to provide the results of that enquiry to DET.

I understand that:

- DFFH will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the DFFH and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant _____ Date ____/____/____

BULOKE LODDON

TAC L2P PROGRAM

Need help getting your P's?

The TAC L2P program helps young learner drivers (16-21) with limited access to supervising driver or vehicle to get on the road with trained mentors available to help them obtain the 120 hours necessary to get their licence.



North Central LLEN

For more information about this FREE program contact the North Central LLEN on 03 5491 1144 or email l2p@ncllen.org.au

TAC L2P PROGRAM

Mentor Training



Would you like to help young people learn to drive?
Do you have at least two hours per fortnight to spare?

Are you over 21 years old?
Do you hold a full current driver's licence?

The Buloke Loddon L2P program matches volunteer driver mentors to young learner drivers to assist them in gaining on the road driving experience in a vehicle that is provided through the program - all we need is your time (and interest).

A training session for Mentors is being held on Sunday 26 February 2023 at Wycheproof between 10 am and 3 pm.

If you are interested, please email l2p@ncllen.org.au or contact the North Central LLEN on 5491 1144

**WEDNESDAY
FEBRUARY 8
2023**

Senior Citizens Rooms
@ 7.00pm

NOTICE FOR YEAR 11 CHARLTON COLLEGE STUDENTS & PARENTS.

ALL YOUNG PEOPLE WHO ARE INTENDING TO MAKE THEIR DEBUTANTE THIS YEAR ARE ASKED TO ATTEND WITH A PARENT/GUARDIAN.

THIS MEETING WILL BE GAUGING INTEREST AND DISCUSS THE FORMAT (DATE, THEME, VENUE, COSTS INVOLVED, TRAINING DATES)ETC.

WE ARE HAPPY TO CONSIDER NEW OPTIONS, IF YOU DON'T HAVE A PARTNER AND WISH TO PARTICIPATE PLEASE ATTEND SO WE CAN DISCUSS ALTERNATIVES.

DEB BALL MTG

Charlton Neighbourhood House
The Heart of Our Community

First Aid for Motorcyclists
MOTORCYCLE ACCIDENT MANAGEMENT TRAINING



Motorcycle Accident Management Training
Facilitating Nationally recognised VET training and non nationally recognised training in the motorcycle community

25th March 2023
Kerang, Victoria
Kerang Turf club
Full day training
\$50.00 per person
Funded by Vic Roads & Kerang Neighbourhood house

To book your place or for more information on our courses go to www.fam.com.au

100% Australian owned, operated and nationally recognized

E: info@fam.com.au
First aid for Motorcyclists in partnership with 1SDO RTO41558

MENTAL HEALTH EDUCATION + WELFARE SUPPORT

#STIGMASTOPHERE

Thanks to the support of Charlton & District Community Bank & Buloke Shire

Bendigo Bank **Community Bank** **BULOKE SHIRE COUNCIL**

Invites all community members to attend the first of two Mental Health Education sessions:

MENTAL HEALTH EDUCATION

MORE THAN JUST A GAME

This session covers the signs and symptoms of mental ill health, how to start the conversation and how to support an individual going through a mental health challenge.

More information from <https://ojtr.org.au/>

Thursday 16th February 2023, 7pm
in the Charlton Park Community Complex Function Room.

CREEK RESTORATION
Starting 10th Feb 2023
over 8 weeks

- * Bank stabilisation techniques
- * Erosion & control methods
- * Vegetation, Biodiversity & Habitat
- * Hydrology, Morphology & Water quality

\$ 90 Non-Concession
\$ 50 Concession
Includes Field Trips & Transportation

To book call 5494 3489 or via website

OFFICE SKILLS

Register for an individual class or all 3
Fridays 1:30 - 3:30 pm



Class 1: Fri 10th Feb Emails

Emailing, Attachments,
Organising, Contacts



Class 2: Fri 17th Feb Microsoft

How to use Microsoft programs



Class 3: Fri 24th Feb Equipment

Using printer, photocopier, USBs
etc



To book call 5494 3489 or via website
\$10/class or \$20 for all classes

WORKING IN RETAIL



Class 1: OH&S & Customer Service

Class 2: Dealing with \$: EFT, Cash register, etc

Class 3: Advertising & Presentation

Mar / Apr TBC
\$x.xx TBC

Online Banking

Partnering with: Community Bank Inglewood & Districts (Branch of Bendigo Bank)



- ✓ Introduction to Cyber Security
 - ✓ Keeping you safe online
 - ✓ Recognising scams
 - ✓ Monitor your accounts

- ✓ Introduction to Mobile & Computer Banking
 - ✓ Setup an online account
 - ✓ Pay bills
 - ✓ Transfer money between your accounts

Gold coin donation
Morning Tea provided
Attend Both or Either Session



Coming in: **Feb 2023**

To book: Call 5494 3489 or Website



HLTAID001 & HLTAID003

FIRST AID & CPR TRAINING

MONDAY, FEB 20TH 2023

Provided by popular trainer Dawn Ferrier from TALKSMART TRAINING.

At Charlton Senior Citizens from 6pm-8pm.
(Face to Face component)

Space is limited so register today!

Prices:
CPR only- \$85
First Aid- \$180

2 part course with both face to face and online. Online component to be completed prior to the training evening.



REGISTER BY OUR WEBSITE [HTTPS://WWW.CHARLTONNH.ORG.AU/](https://www.charltonnh.org.au/) PHONE 0473 759 456 OR POP INTO THE NEIGHBOURHOOD HOUSE



Dawn Ferrier - TALK SMART TRAINING

FIRST AID & CPR TRAINING

MONDAY FEBRUARY 20th, 2023

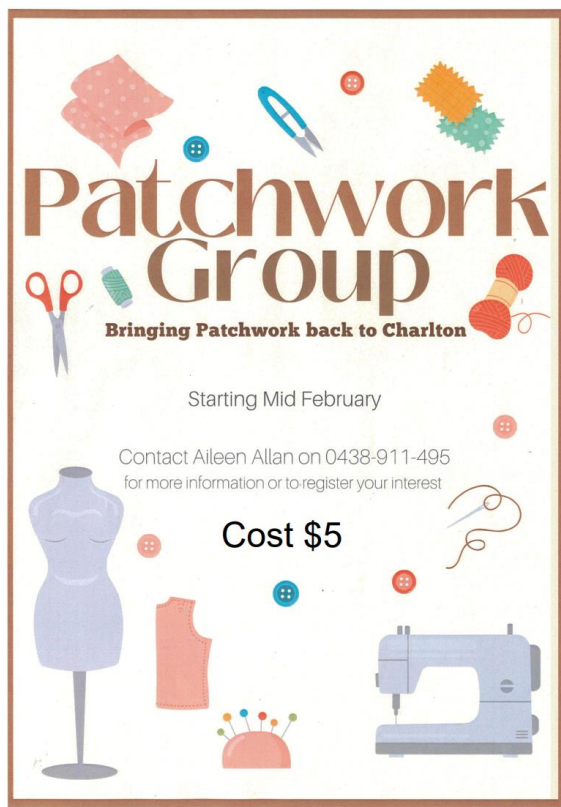
at Wycheproof Community Resource Centre from 8:30am.

- Online training to be completed prior to face to face demonstration of CPR - maximum of 1 hour

Register today!

CPR update - \$85.00 (HLTAID001)
Provide First Aid - \$175.00 (HLTAID003)
Provide Emergency First Aid in an education/care setting - \$195.00 (HLTAID004)

REGISTER AT: WYCHEPROOF COMMUNITY RESOURCE CENTRE PHONE: 5493 7455
info@wycheproofcc.org.au



Patchwork Group


Bringing Patchwork back to Charlton

Starting Mid February

Contact Aileen Allan on 0438-911-495 for more information or to register your interest

Cost \$5

All Welcome Charlton Playgroup



Monday's during school term,
9:30-11am

At the St Joseph's Primary School Multi-purpose room
(25 Watson St, Charlton)

It's Free!

Indoor & Outdoor activities for all ages

For further information please Call
Rach Smyth 0400 042 885 or
Abby Mulquiny 0438 072 385
Email: playgroupcharlton@gmail.com