Charlton College



PARENTS' BULLETIN - 2022

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'Together We Achieve'

27th October No. 33

2022 Calendar of Events

Term 4

November

2nd

5th

9th

14th

Mon

Wed

Fri

Tues	1 st	Public Holiday – Melbourne Cup Day
Fri	11^{th}	Last day of Year 11 classes
Mon	14 th	Unit 1 Exams commence
Wed	16 th	Year 10 Exams – Day 1
Fri	18 th	Year 10 Exams – Day 2
Fri	18 th	Year 11 into 12 Step-up Day
Mon	21st	Year 9 Canoe Camp commences
Mon	21st	Year 10 Work Experience commences
Thurs	24 th	Years 3 & 4 Charlton Camp
Fri	25 th	Years 3 & 4 Charlton Camp
Fri	25 th	Year 9 Canoe Camp concludes
Mon	28 th	F – 6 Swimming Program commences
December		

Principal Jamie Daff

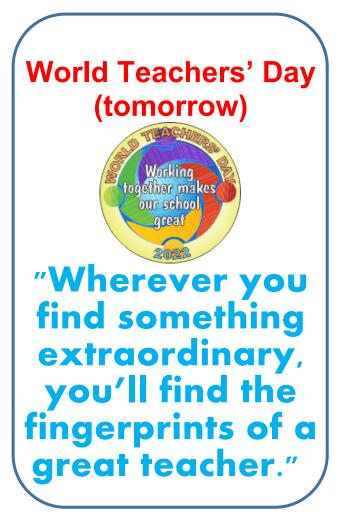
Year 10 Work Experience concludes

F – 6 Swimming Program concludes

Year 10 into 11 Step-up Day

Awards Ceremony at 1.45pm

Congratulations to all of our Year 12 students, you have made it to the end of your formal schooling in what has been an extremely challenging three years. All the best for your exams and remember to use this time wisely; your teachers are still here and wanting to support you while your are preparing your each exam.



This week's SWPBS focus:

RESPECT

SCHOOL GROUNDS

I will

- look after sports equipment
- put rubbish in the bin

Victorian High Abilities Program



This term we have two students undertaking the VHAP. Anna Fitzpatrick is undertaking the Year 5-6 English program, titled, *The Power of the Pen*.

This course helps students explore the purpose and impact of writing. They consider a world without writing, examine the history of writing, and have the opportunity to extend their story writing skills. Leigh Van Boven is the other student undertaking the VHAP this term. Leigh is completing the Year 7-8 Mathematics program, titled, *A Whole New World of Mathematics*. This course will stimulate student curiosity and love of mathematics, while also building their repertoire of mathematical skills. Students will explore topics that are not usually included in the secondary mathematics curriculum, such as networks and paradoxes.

Mrs Fitz sat in on Leigh's session this week, and she was impressed to see him drawing a network and explaining all the elements of it to me. The program is definitely setting him in good stead for future studies in mathematics.

Art Department Natasha Saunders

Succulents wanted!

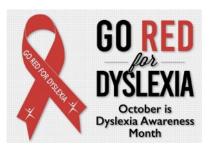


The Year 10A Art class require some small succulents to plant into pots they have created. It is only a small class, so we don't require a large number, and their pots are quite small (about the size of a tea cup).

If anyone has succulents they would be willing to donate, we would love to receive them by **Friday 4**th **November**, as that is the day we are planning to plant! Thanks

Student Wellbeing Natasha Saunders

Dyslexia Awareness Month



Sometimes, when you hear or read about dyslexia, there is reference to the 4 Ds: dyslexia, dyscalculia, dyspraxia & dysgraphia.

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Dyslexia

A specific learning disability in reading. Kids with dyslexia have trouble reading accurately and fluently. They may also have trouble with reading comprehension, spelling and writing.

Dyscalculia

A specific learning disability in math. Kids with dyscalculia may have difficulty understanding number-related concepts or using symbols or functions needed for success in mathematics.

Dyspraxia

Sometimes called developmental coordination disorder. Kids with dyspraxia may have difficulty planning and performing tasks that require fine motor skills, such as writing, tying shoelaces or using buttons or zippers.

Dysgraphia

A specific learning disability in writing. Kids with dysgraphia may have difficulty writing legibly and at age-appropriate speed. Many children with dysgraphia also struggle to put their thoughts down on paper.

Understood

Dyslexia may co-occur with other neurological conditions. Individuals with dyslexia may also present a co-morbidity of other learning disabilities, some of which include; dysgraphia, dyspraxia & dyscalculia. They have a lot in common, but also have a number of differences.

The 4 Ds are conditions which affect a significant portion of the population. These conditions can present challenges, but also bring with them

many different strengths. With early diagnosis & the right support, the challenges can be overcome & the strengths these conditions bring can be harnessed.

If you have any questions about the information presented on this topic over the past two issues of the Parent's Bulletin, please make contact.

COUNSELLING & SUPPORT SERVICES

Southern Mallee Counselling Services

I recently received information about Southern Mallee Counselling Services, a Birchip-based counselling service. Please refer below for contact details.



Catholic Care Victoria- Term 4 program

Once again, CCV are offering a range of parenting workshops, both online & face-to-face. A flyer featuring the information below will also be shared on Compass.

Multi-session program

Circle of Security Term One- For parents with kids aged under 12

When: Term One 2023, dates TBC

Sessions: 6 Time: TBC

Cost: \$60 (\$30 Concession) Where: Online Zoom

Single-session workshops

Helping Kids with Big Emotions- For parents with kids aged 3 to 12

When: Tuesday 8 November Time: 9:30am-11:00am

Cost: Free

Where: St Monica's Primary School

Building Resilience in Kids- For parents with kids aged under 12

When: Tuesday 22 November Time: 10:00am-12:00pm

Cost: Free

Where: The Old Church on the Hill

Understanding Toddlers- For parents with kids aged under 4

When: Friday 25 November Time: 9:30am-11:30am

Cost: Free

Where: Swan Hill North Primary School

Bookings are essential for all programs & workshops. Head to:

https://www.catholiccarevic.org.au/directory/se rvices/parenting-programs-and-workshops for more information & to make bookings or contact (03) 5438 1300.

Years F-6 Coordinator Kim Fitzpatrick

F-6 Upcoming Events

- Mon 31st Oct F-2 Late Stay
- Tues 1st Nov Melbourne Cup Holiday
- Thurs 17th Nov Kinder Transition 9-10.30am
- Thurs 24th-Fri 25th Nov Year 3 & 4 Charlton Camp



Students of the Week

Year one-two Matey: Tom M for being a helpful Matey in the classroom.



Year three-four: Lilymae for always trying her best in maths.

Reading Awards



More students have reached the 225 night milestone. Those acknowledged on Monday were:

50 nights: Ned 100 nights: Molly 125 nights: Nate L 200 nights: Stella

225 nights: Cody, Wally

MacqLit Awards

The green MacqLit group have achieved another level, and were awarded their certificates at assembly on Monday. Well done to Sophie and Nate.

F-2 Late Stay

On Monday, students in F-2 will remain behind after school for their late stay. Thanks to everyone for returning your permission forms on time to allow us to prepare. Mrs Fahey and Miss O'Callaghan have some exciting activities planned. It will certainly be a night full of fun.

Jumpers

Could families please check the jumpers in their home, as a number of students are missing named jumpers and we have a



number of unclaimed, unnamed jumpers here at school. Please name your child's jumper, it makes it much easier for us to return it to the rightful owner.

Around the classrooms



This week we had quite a few leeks and plenty of silverbeet in the garden to harvest along with kale, parsley, mint and eggs. On the menu we had leek and silverbeet pizza, silverbeet and leek slice, leek and mixed pea risotto and cauliflower and kale tossed with fettuccine. We decided to share the two favourite recipes on the newsletter (we are pretty sure some students voted more than once!) Enjoy making the pizza and the risotto at home! Thank you to parent Vollies Penny and Emily for coming in.



Marley serving the pasta



Isabella with the silver beet and leek slice



Our dishes

Years 7 - 9 Coordinator Darcy McCallum

7-9 Students:

Just a friendly reminder that while senior years are completing their exams and finishing up their schooling for this year, 7-9 classes and behavioural expectations are still in place.

Canoe Camp training:

Yesterday the Year 9s had their first taste of canoeing in preparation for Canoe Camp in 4 weeks. The class ventured out to Wooroonook and made use out of the abundance of water we currently have!





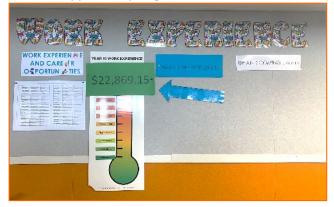


LMR Hockey:

Good luck to the 6 students travelling to Bendigo tomorrow to participate in a NCD combined team with St Arnaud in the Intermediate level Hockey competition!

Year 10 Work Experience

WOW! The Year 10 students and their parents have completed a mammoth effort and raised \$22,896.15! Our goal was to raise \$20,000 to cover the cost of accommodation and dinners whilst at Work Experience. Thanks to the hard work of the parents and students, we have been able to achieve above our goal. On behalf of Charlton College, thank you to everyone who has participated in raffles and events and thank you to the families who provided us the opportunity to cater at birthdays etc. Thank you to the Year 10 cohort and their families for being organised and dedicated to ensuring the students have the opportunity to go to Melbourne!



Years 10 – 12 Coordinator Meaghan King

Reminders: Year 12 Students

EARLY ENTRY PROGRAMS

Federation Uni Early Offer – Close 12th December

CASPer TEST - https://takealtus.com/casper/

Final date to sit the test: Nov 13, 2022 - 1:00 PM AEDT

Youthrive Rural Chances Scholarships (TAFE/Apprenticeships) - close 21st November www.youthrivevictoria.org.au/scholarships/rural-chances/

Accessing VCE Unit 3 & 4 Results and the ATAR



Did you know that you need to register to access your VCE Results (Unit 3 & 4 Studies only) and the ATAR (Year 12 students)? Results will be released on Monday 12th December from 7:00am. It's a good idea to register for this service early so that you are not delayed on the big day.

Click below to register today:

https://resultsandatar.vic.edu.au

ACHIEVE FEST (Online)



Prince's Trust

Tues 29 – Weds 30th November 9am - 1pm

Achieve Fest is a free, two-day online immersion designed to explore identity, build networks, and develop the skills needed to thrive now and into the future.

Achieve Fest is open to:

- Young people aged 12 to 18 years
- Educators
- Parents/guardians across Australia

Achieve Fest takes young people on a journey of selfdiscovery, from exploring their unique passions, to developing important life skills and taking real-world action on issues that matter to them most.

Along the way they'll participate in engaging online workshops and learn from inspiring individuals who have created careers of passion and purpose.

Find out more:

www.princes-trust.org.au/young-people/achievefest

Youth Take Over

Opportunities are available for students leaving school to gain work experience through 6–8 week (e.g., 2 hours a week for 8 weeks) internship programs. This could be great to do over the Summer Holidays, or during a Gap Year.

You will:

- gain key workplace skills such as project management, teamwork, and communication
- · work in a small team with a facilitator
- have contact with supportive industry mentors
- receive \$500 reimbursement for your, travel and other costs

Further Information on the Youth Take Over Program is available at:

www.ncllen.org.au/yto.html

National Youth Science Forum (NYSF) 2023



Applications are now open for students who want to be a part of the National Youth Science Forum in 2023! The NYSF Year 12 Program offers an exciting range of in-person and digital science, technology, engineering, and mathematics (STEM) experiences for participants across Australia. If you're a year 11 student (in 2022) and passionate about STEM, apply now!

In 2023, the NYSF Year 12 Program will run from 10 to 24 January.

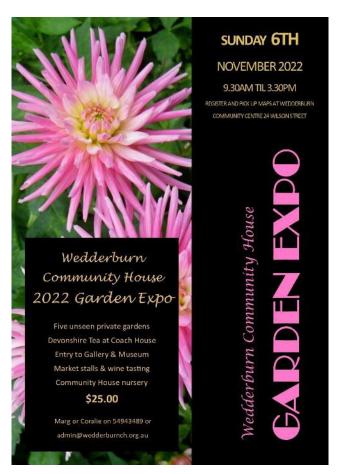
Students will have opportunities to:

- participate in tours of science and technology facilities and learn about cutting edge research.
- engage with industry partners and research providers.
- learn about university and STEM career pathways.
- mix with other like-minded students from all over Australia; and
- network with former NYSF participants to further increase understanding of STEM related study and career experiences.

Find out more and apply here:

www.nysf.edu.au/programs/year-12-program/

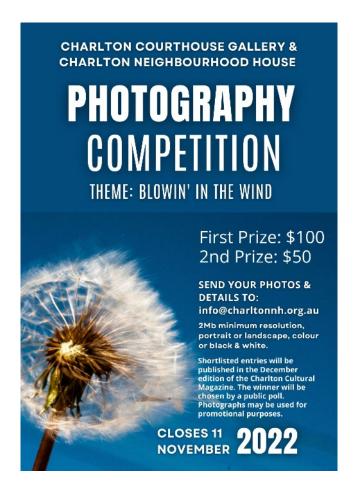
Note the change of date for the below Garden Expo.





CHARLTON NETBALL CLUB
INVITES THE NETBALL
COMMUNITY TO ITS
ANNUAL GENERAL MEETING
THURSDAY NOVEMBER 3RD 2022
7:30PM @ CHARLTON PARK

Forward apologies to charltonnetballclub@gmail.com





ATTENTION JUNIORS AND SENIORS

Please register for Basketball by Sunday 30th so teams can be picked before Monday night. With predicted numbers we hope to have 3 teams and play 2x 12min halves and 2 games for each team, each week.

Go to www.playhq and type 'Charlton Basketball' when searching for a club. Aussie Hoops 3:30pm / Juniors 4:15pm Mixed Seniors 7pm (Please note change of time)

**NO AUSSIE HOOPS THIS
MONDAY 31ST OCTOBER DUE TO
LATE STAY AT SCHOOL**



Leek & Mixed Pea Risotto

Season: Winter/Spring

Serves: 30 tastes in the classroom or 6 at home

Fresh from the garden: leeks, parsley, peas (snow or sugar snap), soft-leaved herbs

For risotto, you add stock a little at a time to the pan of rice, stir and wait for the rice to absorb it. Adding the stock warm ensures the rice keeps cooking, rather than going cold and heating up again. You'll need to keep a pot of warm stock close to your risotto pot. The arborio rice variety is traditionally used in risotto as it is short and fat and can absorb a lot of liquid without going gluggy. In risotto, you want the rice to be soft but with a tiny bit of nuttiness at the centre – it's all about texture.

Equipment:

medium saucepan with lid

metric measuring scales, jug and

spoon

clean tea towel

chopping board

cook's knife

grater

large heavy-based pot

wooden spoon

ladle

Ingredients:

- 1.5 L of chicken or vegetable stock
- 3 tbsp extra-virgin olive oil
- 3 small leeks, trimmed and finely sliced
- 400 g risotto rice
- 1 large handful of snow or sugar
 - snap peas
- 1/2 tsp salt
- ½ tsp black pepper
- 1 tsp of butter
- 1 handful of soft-leaved herbs, washed and torn
- 50 g parmesan, grated

What to do:

- 1. Heat the stock in the medium saucepan.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Heat the clive oil in the large pot, add the leek and stir for 4–5 minutes or until the leek
- Add the rice and turn up the heat, keep stirring it. After a minute it will look slightly translucent.
- Add your first ladle of hot stock and stir.
- 6. Lower the heat and continue adding stock, stirring and allowing each ladle to be fully absorbed.
- 7. Add peas and cook until tender.
- 8. Test the rice; is should be soft but with a slight bite.
- 9. Remove from the heat and add the salt, pepper, butter, herbs and parmesan.
- Taste and adjust seasoning as necessary.
- 11. Cover and rest for 2 minutes before serving.





Leek & Silverbeet Pizza

Scason: Winter/Spring

Serves: 30 tastes in the classroom or 8 at home

Fresh from the garden: garlic, leek, silverbeet, rocket or other salad leaves

The toppings on this pizza make it an ideal winter or spring dish. You will be using pizza dough prepared from the **Basic Pizza Dough** recipe.

Note: If you are using pizza stones, you will first have to assemble each pizza on a light piece of wood (a 'peel') or a baking tray. Turn the baking tray upside down prevent the edges stopping the pizza slipping easily onto the preheated stone.

Equipment:

metric measuring spoon and scales

clean tea towels

chopping board

cook's knife

vegetable peeler

frying pan

wooden spoon

large bowl

rolling pin

 2×28 cm pizza trays, or 2 pizza stones

pizza peels or baking trays (if using pizza stones)

piezu storica

wide egg lifter

large board for serving pizza

Ingredients:

- 2 tbsp olive oil
- 1 leek, green stalks discarded, finely sliced
- 1 large handful of silverbeet leaves, shredded

salt and pepper, to taste

50 g parmesan, shaved with the vegetable peeler

- 1 garlic clove, peeled and finely chopped
- 1 quantity Basic Pizza Dough

plain flour, for dusting

semolina flour, for dusting if using

pizza stones (optional)

rocket leaves as a garnish



What to do:

- 1. Preheat the oven to 200°C.
- 2. If using pizza stones, place them on a rack in the oven to get very hot.
- 3. Prepare all of the ingredients based on the instructions in the ingredients list.
- 4. Heat the frying pan on a low heat and add half the oil.
- 5. Sauté the leek until soft (about 5 minutes).
- 6. Add the silverbeet and season to taste. Cook just enough to wilt the silverbeet, then take off the heat and set aside in the large bowl.
- Divide the pizza dough into two equal pieces.
- 8. Sprinkle flour on a clean workbench and roll each piece of dough into a thin pizza base about 25 cm in diameter.



Leek & Silverbeet Pizza continued

If you are using pizza trays:

- 1. Sprinkle flour on the trays, then carefully lay the pizza bases on the trays.
- 2. Spread the garlic over the pizza bases.
- 3. Arrange the leek and silverbeet mix on the pizzas.
- 4. Sprinkle most of the parmesan over the top (keep some aside to serve).
- 5. Drizzle the rest of the oil over the pizzas, then place the pizzas in the oven.

If you are using pizza stones:

- Sprinkle flour on the wooden peel or upside-down baking tray. Semolina flour is best for this.
- 2. Carefully lay each pizza base on the floured peel or baking tray.
- 3. Spread the minced garlic over the pizza bases.
- 4. Arrange the leek and silverbeet mix on the pizzas.
- 5. Sprinkle most of the parmesan over the top (keep some aside to serve).
- 6. *Carefully pull out the racks with the very hot pizza stones.
- 7. Without touching them (they are very hot!), sprinkle semolina over the pizza stones. Shake the peel or baking tray and slide each pizza onto the stone.
- 8. Drizzle the rest of the oil over the pizzas, then slide the rack with the pizzas back into the oven.

To bake the pizzas:

- Bake the pizzas for 15 minutes or until the edges are very crisp and the cheese is bubbling.
- 2. To get a crispy base on pizzas cooked on pizza trays, *slide the pizzas off the trays onto the oven rack for the last few minutes.
- 3. *Remove the pizzas from the oven. Transfer them to the serving board with the wide egg lifter.
- 4. Cut the pizza into slices so there is a slice each for your diners.
- 5. Serve topped with rocket leaves and the remaining parmesan.



^{*}Adult supervision required