# Charlton College



**PARENTS' BULLETIN - 2022** 

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### 'Together We Achieve'

20<sup>th</sup> October No. 32

#### 2022 Calendar of Events

Term 4

October

Wed 26th VCE Exams commence

November

Tues 1st Public Holiday – Melbourne Cup Day

#### This week's SWPBS focus:

### RESPECT

SCHOOL GROUNDS

#### will

- look after sports equipment
- put rubbish in the bin

#### Principal Jamie Daff

Given the major impact on our school and community, I understand that participating in exams or assessments to the best of your ability may not be possible at this time.

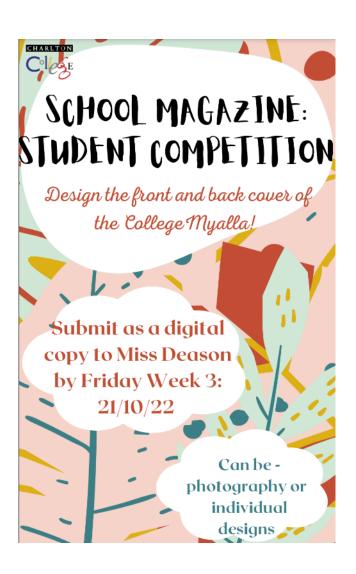
I want to reassure you that we are working directly with the Victorian Curriculum and Assessment Authority (VCAA) to ensure that your final results are not adversely impacted.

The VCAA has confirmed with me that they have approved special provision for all severely impacted students completing VCE Unit 3–4 examinations in recognition that these students have been adversely impacted by the severe events.

Special provision will include the use of Derived Examination Scores (DES) which will provide you with a 'backup' to ensure that your final result for an examination reflects as accurately as possible the level of achievement that would be expected, based on the learning and achievement you have demonstrated over the year in that study.

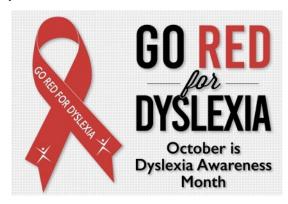
DES will be applied to all impacted VCE students without the need for you to individually apply.

We still want you to do your best and attend your examinations, if possible, and you can do so knowing that your circumstances will be taken into consideration in the finalisation of your VCE Study Scores and subsequently your ATAR.



#### Student Wellbeing Natasha Saunders

#### **Dyslexia Awareness Month**



October is Dyslexia Awareness Month. The remaining October issues of the Parent's Bulletin will feature information about dyslexia, which I hope will help to educate & inform us, while opening conversations on this common learning difficulty.

Please refer to the attached dyslexia information sheet. It explains what dyslexia is, how it can be identified & the ways in which we can work with families to provide appropriate supports & adjustments so that all students have the opportunity to learn.

#### **COUNSELLING & SUPPORT SERVICES**

#### **ACAP Psychology Clinic services & workshops**

On previous issues of the Parent's Bulletin, I have provided information about ACAPs (Australian College of Applied Professions). It has been great to hear that some families have engaged with their workshops & counselling.

The ACAP Psychology Clinic is staffed by final year Psychology/Clinical Psychology, Counselling/Psychotherapy & Social Work students on placement & offers a wide range of individual & group therapy options. Students are closely monitored & supervised by experienced senior clinicians & academics.

ACAP currently have a <u>very short waiting list for free</u> telehealth services to young people & adults.

Referrals are accepted Australia wide & clients & families from regional & remote areas are welcome to access the free services using Telehealth. People can self-refer to the Clinic- GP/Medicare referral is not required.

To book, refer, or for more information, visit https://www.acap.edu.au/applied-

<u>psychology/psychology/psychology-clinic</u> send an email to psychclinic@clinic.acap.edu.au or call (02) 8236 8070.

Free groups beginning in late September/ early October include the following:

**Art for Happiness:** Creative therapy-based workshop for children aged 5-12- delivered free using telehealth to kids nationwide. Delivered regularly through September-December.

Dance for Happiness: Creative therapy-based workshop for children aged 5-12- delivered free using telehealth to kids nationwide. Delivered regularly through September-December.

**Mindfulness Group (Adults):** 6-week program delivered free using telehealth to people nationwide. Group begins in early October.

**Mindfulness Group (LGBTQ+):** 6-week program delivered free using telehealth to LGBTQ+ Community nationwide. Group begins in mid-October.

Mindfulness Group (Young People aged 13-17): 6-week program delivered free using telehealth to young people nationwide. Group begins in Term 4.

**Compassion Based Therapy (Adults):** 3-week program delivered free using telehealth to people nationwide. Group begins in early October.

**Compassion Based Therapy (Women):** 3-week program delivered free using telehealth to women nationwide. Group begins in mid-October.

**Compassion Based Therapy (LGBTQ+):** 3-week program delivered free using telehealth to LGBTQ+ Community nationwide. Group begins in late October.

Compassion Based Therapy (Young People aged 13-17): 3-week program delivered free using telehealth to young people nationwide. Group begins in Term 4. Social Anxiety Group (Adults): 6-week program delivered free using telehealth to people nationwide. Group begins in early October.

**Social Anxiety for Young People:** 6-week program delivered free using telehealth to young people nationwide. Group begins in Term 4.

**Domestic & Family Violence Recovery Program** (Women): New 6-week program for women who are no longer at acute risk or have survived domestic & family violence. The evidence-based group work program will be delivered remotely via telehealth (Zoom).

#### Catholic Care Victoria- Term 4 program

Once again, CCV are offering a range of parenting workshops, both online & face-to-face. A flyer

featuring the information below will also be shared on Compass.

#### **Multi-session program**

# Circle of Security Term One- For parents with kids aged under 12

When: Term One 2023, dates TBC

Sessions: 6
Time: TBC

**Cost:** \$60 (\$30 Concession) **Where:** Online Zoom

#### **Our Kids- Post-separation program**

When: Tuesdays, 25 October - 29 Nov

Sessions: 6

Time: 6:00pm-8:00pm
Cost: \$60 (\$30 Concession)
Where: Online Zoom

#### **Our Kids- Post-separation program**

When: Thursdays, 27 October - 1 Dec

Sessions: 6

**Time:** 12:30pm-2:30pm **Cost:** \$60 (\$30 Concession)

Where: CatholicCare Victoria - Bendigo

#### **Single-session workshops**

# Tech Strategies for Families- For parents with kids aged under 12

When: Tuesday 25 October Time: 10:00am-11:30am

Cost: Free

Where: Online Zoom

# Helping Kids with Big Emotions- For parents with kids aged 3 to 12

When: Tuesday 8 November Time: 9:30am-11:00am

Cost: Free

Where: St Monica's Primary School

# **Building Resilience in Kids- For parents with kids** aged under 12

When: Tuesday 22 November Time: 10:00am-12:00pm

Cost: Free

Where: The Old Church on the Hill

### Understanding Toddlers- For parents with kids aged under 4

When: Friday 25 November Time: 9:30am-11:30am

Cost: Free

Where: Swan Hill North Primary School

# Bookings are essential for all programs & workshops. Head to:

https://www.catholiccarevic.org.au/directory/services/parenting-programs-and-workshops for more information & to make bookings or contact (03) 5438 1300.

#### **Southern Mallee Counselling Services**

This week I received information about Southern Mallee Counselling Services, a Birchip-based counselling service. Please refer below for contact details.





### **BIRCHIP BASED**

#### Years F-6 Coordinator Kim Fitzpatrick

#### F-6 Upcoming Events

- Mon 31<sup>st</sup> Oct F-2 Late Stay
- Tues 1<sup>st</sup> Nov Melbourne Cup Holiday
- Thurs 17<sup>th</sup> Nov Kinder Transition 9-10.30am
- Thurs 24<sup>th</sup>-Fri 25<sup>th</sup> Nov Year 3 & 4 Charlton Camp

Not a lot to report this week. It is great to be back on site at school after the threat of flooding, that thankfully, for our town only

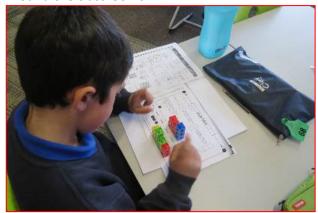
impacted us mildly.

The F-6 students and staff wish the Year 12 students who are sitting exams all the very best and wish each and every one of them good luck with their future endeavours. We thank them for everything they have provided our students with throughout the year; they have been very inclusive and made it very enjoyable.



Year 12 on the play equipment for their last time

#### **Around the classrooms**



Tom busy with his numeracy



Eli works on a numeracy problem

The diablo's have been out in Chinese classes.

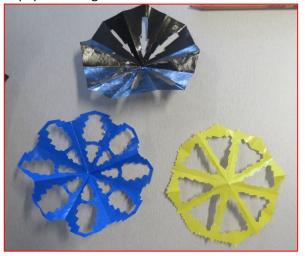


Molly



Tyson

In Chinese students have also been learning the art of paper cutting.



Years 7 - 9 Coordinator **Darcy McCallum** 

LMR Athletics: Well done to all participants who braved the weather to represent the College in Bendigo at the LMR track and field event. Many students placed and came home with a medal as well as qualifying for state.







Abby Thompson



**Ebony Start** 







#### **State Athletics:**

Congratulations to Ebony and Heidi who competed at the School Sports Vitoria track and field event in Melbourne on Monday. Well done to Ebony who finished 2<sup>nd</sup> in her javelin event.

**Grampians Camp**: Well done to the Yr 9 students who completed Grampians camp at the end of last term. All students showed great resilience and team work completing the hike and rock climb/abseil.





Canoe Camp prep: In preparation for canoe Camp the Yr 9s will be practicing and developing their paddling skills and stamina over the next few weeks prior to camp in week 8. These practices will occur either on the Avoca River or at Lake Wooroonook pending weather and safety of the water ways. Students are asked to bring clothing for canoeing on both Tuesdays and Wednesdays starting next week. If the weather or conditions are unsafe, an alternate activity will be run at school.

#### Years 10 – 12 Coordinator Meaghan King

#### It's a wrap!



Today was the final day of school with our Year 12 class of 2022. After enjoying some shenanigans this morning, they shared morning tea with the staff. We would like to thank each and every one of our students for their contributions and their commitment to the College. They have been great ambassadors, both in the school and the wider community.

I would like to wish our VCAL students the best of luck with all that lies ahead, whether that be seeking or



commencing employment, or undertaking further study.

Good luck to our VCE students in the coming weeks as they sit their final exams. We wish you all the best with your future pursuits and encourage you to work hard during the next few weeks, giving your exams your best shot.

#### Reminders: Year 12 Students EARLY ENTRY PROGRAMS

Federation Uni Early Offer – Close 12th December

CASPer TEST - <a href="https://takealtus.com/casper/">https://takealtus.com/casper/</a> Final day to sit the test: Nov 13, 2022 - 1:00 PM AEDT

Youthrive Rural Chances Scholarships (TAFE/Apprenticeships) - close 21<sup>st</sup> November www.youthrivevictoria.org.au/scholarships/ruralchances/

#### **Important dates**

Year 12

VCAA exams – Wednesday 26<sup>th</sup> October – Wednesday 9<sup>th</sup> November.

Year 12 Grad Dinner – Friday 11<sup>th</sup> November (please remember to RSVP).

#### Year 11

Last day of scheduled classes (VCE/VCAL) – Friday 11<sup>th</sup> November.

Year 11 exams – Monday 14<sup>th</sup> November – Wednesday 16<sup>th</sup> November. Step Up day – Friday 18<sup>th</sup> November.

#### Year 10

Last day of scheduled classes – Tuesday 15<sup>th</sup> November.

Year 10 exams – Wednesday 16<sup>th</sup> November and Friday 18<sup>th</sup> November

#### **VET**

Last day of VET classes – Thursday 3<sup>rd</sup> November First Aid (if required) – Thursday 10<sup>th</sup> November

A reminder to all VCE and VCAL students that they will be expected to return after their official finish dates to complete work if necessary.

#### School captaincy roles for 2022

Year 11 students are encouraged to consider applying for the roles of school captains for 2022. Nominations will open on Monday 24<sup>th</sup> October, and will close at 3pm on Monday 31<sup>st</sup> October. Interviews are expected to take place on Friday 4<sup>th</sup> November. More

information will be provided to the group in Advisory tomorrow and Monday.

# La Trobe | Aspire Year 11 Conditional Entry & Early University Study Webinar



#### Monday 24 October 2022, 5:30 pm - 6:30 pm

This webinar will cover:

- Year 11 Conditional Entry program which uses students' performance in year 11 to secure an early conditional offer into a range of courses at La Trobe.
- Early University Study at la Trobe which rewards Year 12 students who've done additional university studies with an early conditional offer into their dream course through Aspire Prepare or Aspire Advance.
- Achieve Plus a program for high achieving student looking to include two university subjects in their VCE and contribute to their ATAR calculation.
- Steps on how to apply

With applications for these programs open now or opening shortly it's the perfect time to discover all the details of each program for yourself and your students.

Find out more:

www.latrobe.edu.au/events/all/aspire-year-11conditional-entry-and-early-university-studywebinar

#### Accessing VCE Unit 3 & 4 Results and the ATAR



Did you know that you need to register to access your VCE Results (Unit 3 & 4 Studies only) and the ATAR (Year 12 students)? Results will be released on Monday 12th December from 7:00am. It's a good idea to register for this service early so that you are not delayed on the big day.

Click below to register today:

https://resultsandatar.vic.edu.au

#### NDIS | Victorian Pathways to Post School Life



# Tuesday 25 October 2022, 7:00 pm - 8:30 pm

The National Disability Insurance Agency would like to invite Victorian students with a disability in Years 9-12, their parents, carers and education professionals to attend a virtual information session on building skills and paving a pathway to post-school life.

This session will provide an opportunity to discuss NDIS-funded supports and other assistance to help young people to build skills to prepare for their transition, and to support them in the achievement of their employment and other goals, post-school.

Find out more:

<u>www.eventbrite.com.au/e/ndis-victorian-pathway-to-post-school-life-tickets-324437971707</u>

#### AIE | Open Day



#### Saturday 19 November 10:00 am - 3:00 pm

Academy of Interactive Entertainment, Melbourne Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day on Sat 19 November 2022. This event will be held at AIE Campuses in Sydney, Melbourne, Canberra and Adelaide from 10am to 3pm.

AlE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for.
- studios and industries that we work with.
- courses we offer from beginners to professional mastery, and,
- the software, skills and knowledge we teach.

AlE's Open Day will also include presentations on entry requirements and how to apply. Find out how AlE can get you into a creative career.

Find out more:

https://aie.edu.au/aie\_event/open-day/

#### **Community News**

#### **Donald Junior Cricket Association**

Hi everyone, junior cricket registrations are now open for the 2022-23 season. Every player that has participated in our junior cricket (in any form) should have received an email in the past week or so giving you details of a MyCricket ID and the link to reset a password if required.

Note: it will have gone to the email address used when your child was first registered.

The registration period is open from today until Friday 28th October.

To register for junior cricket this season go to this website;

#### www.playcricket.com.au

In the top right hand corner click search, enter Donald Junior Cricket Association.
Click go to club page.

In the middle of the next screen you should see an option under club programs for Junior Club Cricket. Choose that and you should see an option to register for Junior Cricket - Friday.

Here's a link to that page;

https://play.cricket.com.au/club/donald-junior-cricket-association/1fa5f493-87d8-eb11-a7ad-2818780da0cc

Use the MyCricket ID and password emailed you.

If you are a new player, follow the steps to register.

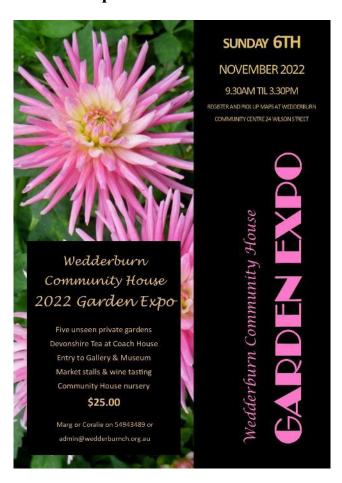
Follow the steps, payment is online at the end.

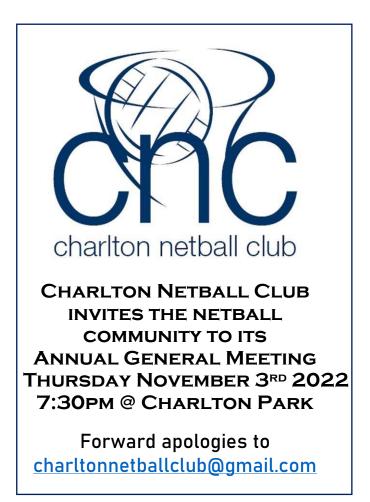
We are only taking registration at the moment for our A & B grade mixed competitions. Boys ages 9-15, as of 1st Sept 2022. Girls ages 9-17 as of 1st Sept 2022.

If you are having any issues please contact Xanthi 0407 555 152 or Corey 0488 343 819

First round will be Friday November 4th.

Note the change of date for the below Garden Expo.







# **Dyslexia Infosheet**

### Dyslexia is difficulty learning to read

Children and adults with dyslexia often have difficulties with accurate and fluent word recognition and may also have difficulties with spelling, writing, reading comprehension.

Dyslexia is the most common learning difficulty effecting between 5-10 percent of people. Dyslexia does not impact on a person's intelligence and is not caused by vision difficulties.

Dyslexia is also known as a **specific learning disorder in reading.** Dyslexia is a brain-based (neurological) disorder or disability. People with dyslexia have difficulty working with the sounds in language (phonology) and the written form of language (orthography).

Children and adults with dyslexia often have a family history of dyslexia or other reading and/or spelling difficulties.

### What are the indicators of dyslexia?

#### Young children with dyslexia may have difficulties with:



- · delayed speech or difficulty pronouncing words
- rhyming (in nursery rhymes or songs) or identifying the initial sounds in words
- learning the alphabet
- · writing their name
- early literacy activities at pre-school

#### Primary school aged children may often:



- have difficulties learning letter-sound relationships and how to blend sounds
- attempt to guess words rather than decode words
- have frequent errors when reading or read slowly without expression
- · avoid reading, especially reading out loud, and show stress when asked to read
- have poor reading comprehension (they may also have stronger oral comprehension)
- be slow to complete literacy tasks
- show anxiety about school or signs of low self-esteem
- · have difficulties with working memory

#### High school aged students:



High school students will have many of the same difficulties as primary school aged children and they may generally avoid reading, they may also have a reduced vocabulary or oral language skills and increased school-based anxiety or low self-concept or self-esteem.

### Adjustments to support a person with dyslexia

Students and adults with dyslexia can benefit Adjustments include: from adjustments made to their school or work environments.

"An 'adjustment' is a measure or action taken to assist a student with disability to participate in education and training on the same basis as other students."

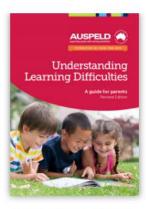
Students with Disability, The Australian Curriculum

Adjustments to learning are very important for students struggling with reading and should be implemented in conjunction with appropriate intervention.

Adjustments need to be tailored to the individual and will change over time.

- · only asking students to read aloud if they are comfortable
- allowing the use of audio books
- assistive technology such as text to speech software or C-Pen
- limiting the amount of reading and writing required
- · providing outlines, summaries, vocabulary words and word banks
- extra time to complete tasks
- avoiding copying notes from the board
- allowing students to express knowledge verbally
- assistance with spelling, writing and editing (eg. use of a word processor, predictive spelling, scaffolded writing tasks, speech to text software)
- making allowances for poor working memory in relation to giving instructions and general school organisation
- directly sending parents/carers important information, homework and assessment tasks

### More information



**AUSPELD Understanding** Learning Difficulties: A **Guide for parents** 



**AUSPELD Specific Learning Disorders** Flowchart



International Dyslexia Organisation: Fact Sheets



Understood.org



speldnsw.org.au enquiries@speldnsw.org.au

(02) 9739 6277







### Intervention to support a person with dyslexia

Students with dyslexia <u>can</u> improve their reading and spelling skills.

Early identification and early intervention can make a significant impact for students with dyslexia to ensure they do not fall too far behind in the development of their reading skills.

Students with dyslexia benefit from explicit and structured instruction in phonemic awareness and phonics (systematic, synthetic phonics) along with the other essentials skills for reading (oral language, fluency, vocabulary and comprehension).

- 1) Phonemic Awareness
- 2) Phonics
- 3) Fluency
- 4) Vocabulary
- 5) Comprehension

"Findings from the research evidence indicate that all students learn best when teachers adopt an integrated approach to reading that explicitly teaches phonemic awareness, phonics, fluency, vocabulary knowledge and comprehension."

National Inquiry into the Teaching of Literacy in Australia, 2005

Students with dyslexia will generally need lots of opportunities to practise reading and spelling skills and so can benefit from systematic synthetic phonics intervention programs and working with learning support teachers or experienced tutors or speech pathologists.

**Decodable readers are an essential tool** for students with dyslexia while they are learning to read. Such readers gradually introduce letter-sound knowledge and give students opportunities to practice blending sounds together to read words.

Dyslexia is not resolved by vision interventions such as coloured glasses or eye exercises.



### How is dyslexia identified?

An educational assessment or diagnosis can be an important step in identifying strengths and weaknesses, assessing the best approach to intervention and ruling out other causes and comorbidities for a child or adult who has difficulties reading.

Dyslexia is generally diagnosed by a psychologist. (The diagnosis of a specific learning disorder cannot be made by someone who assesses vision, hearing, movement or any other skill in isolation.)

The psychologist will investigate learning strengths and difficulties. Tests used in an assessment may include standardised measures of:

- · intellectual ability and cognitive skills
- · expressive and receptive language ability
- · underlying processing strengths and weaknesses
- · academic achievement across a range of domains

Before a diagnosis of a **specific learning disorder in reading** (or dyslexia) is able to be made, it is essential that the child or adult being assessed has received at least six months of intervention focused on improving their reading skills.

"prior to a formal assessment, it is important to ensure that children are provided with well-designed instruction targeting the area in which the child is struggling. This instruction should be explicit, systematic and cumulative and needs to form the basis of an intervention that continues for at least six months."

Understanding Learning Difficulties Guide for Parents, 2019

Before seeking an assessment or diagnosis of dyslexia it is also important to check eyesight and hearing. A GP or audiologist can assist with screening of hearing and an optometrist can screen eyesight.