

'Together We Achieve'

15th September

No. 29

2022 Calendar of Events

Term 3

September

Fri 16th Year 9 Grampians Camp concludes
Fri 16th End of Term 3: 2.30pm finish

Term 4

October

Mon 3rd Term 4 commences
Mon to Fri 'Stomp' dance sessions every day
Thur 6th LMR Aths – Yrs 7 – 12
Fri 14th Calder Cricket T20: Yrs 5 & 6
Mon 17th Last day of Year 12 classes

November

Tues 1st Public Holiday – Melbourne Cup Day

This week's SWPBS focus:

RESPONSIBILITY

CANTEEN

I will

- be punctual for canteen duty
- use walking feet
- leave the area clean and tidy

Make sure you have placed your tokens in the box at the office ready for the end of term draw tomorrow.

SLC

*Principal
Jamie Daff*

Whole school assembly



Tomorrow we will hold an end of term whole school assembly at the 1.50pm to celebrate the late term achievements. School community members are invited to attend.

CHARLTON College
END OF TERM ACTIVITIES
Friday 16th of September

8:30am - 9:00
FREE PANCAKE BREAKFAST - FOR FREE!
PROVIDED BY YOUR SLC MEMBERS AND FUNDED BY 'YOUTH FEST' - NORTH CENTRAL LLEN. SERVED IN THE CANTEEN

1:10PM - 1:45PM
MIXED NETBALL IN THE STADIUM
ORGANISED BY SPORTS AND HOUSE CAPTAINS
TURN UP AND BE ALLOCATED TO A TEAM!

POPCORN AND SNOW CONES AT LUNCH - FOR FREE!
IN THE STADIUM FOYER
PROVIDED BY YOUR SLC MEMBERS AND FUNDED BY 'YOUTH FEST' - NORTH CENTRAL LLEN AND THE HOLMES - BROWN FAMILY

1:50PM - 2:30PM
WHOLE SCHOOL ASSEMBLY

2:30PM
EARLY DISMISSAL

WEAR CASUAL CLOTHES
GOLD COIN DONATION.
FUNDS WILL GO TOWARDS THE YEAR 12 FORMAL.

Student Wellbeing
Natasha Saunders

End of term thanks

It has been a big term & I am sure we will all look forward to some warmer weather when we return from holidays!

As usual, the wellbeing of our students has been a significant focus for Term 3 & will continue to be in Term 4. This term, our focus on wellbeing has been highlighted in a number of ways including a presentation from the Pat Cronin Foundation on violence, the Year 8s & 10s undertaking the Mental Health First Aid course (thanks to Miss Deason for supporting the organisation of this), recognition of R U Ok? Day, staff & student focus on SWPBS & staff professional learning on the ABS Functions of Behaviour. Aside from that, we have had a number of visits from our Student Support Services (SSS) & have worked closely with staff, students & families to convene Student Support Group meetings (SSGs) & review & develop IEPs (Individual Education Plans).

I would like to thank the staff, students & families for your support & involvement this term & wish you all a restful break 😊

ACAP Psychology Clinic services & workshops

I have provided information about ACAPs (Australian College of Applied Professions) services on previous issues of the Parent's Bulletin. It has been great to hear that some families have engaged with their workshops & counselling.

The ACAP Psychology Clinic is staffed by final year Psychology/Clinical Psychology, Counselling/Psychotherapy & Social Work students on placement & offers a wide range of individual & group therapy options. Students are closely monitored & supervised by experienced senior clinicians & academics.

ACAP currently have a very short waiting list for **free** telehealth services to young people & adults. Telehealth (zoom) services delivered Australia wide.

Referrals are accepted Australia wide & clients & families from regional & remote areas are welcome to access the free services using Telehealth. People can self-refer to the Clinic. GP/Medicare referral is not required.

To book, refer, or for more information, visit <https://www.acap.edu.au/applied-psychology/psychology/psychology-clinic/> send an email or call (02) 8236 8070.

Free groups beginning in late September/ early October include the following. Email or call the Clinic for dates & details psychclinic@clinic.acap.edu.au 02 8236 8070

Art for Happiness: Creative therapy-based workshop for children aged 5-12- delivered free using telehealth to kids nationwide. Delivered regularly through September-December.

Dance for Happiness: Creative therapy-based workshop for children aged 5-12- delivered free using telehealth to kids nationwide. Delivered regularly through September-December.

Mindfulness Group (Adults): 6-week program delivered free using telehealth to people nationwide. Group begins in early October.

Mindfulness Group (LGBTQ+): 6-week program delivered free using telehealth to LGBTQ+ Community nationwide. Group begins in mid-October.

Mindfulness Group (Young People aged 13-17): 6-week program delivered free using telehealth to young people nationwide. Group begins in Term 4.

Compassion Based Therapy (Adults): 3-week program delivered free using telehealth to people nationwide. Group begins in early October.

Compassion Based Therapy (Women): 3-week program delivered free using telehealth to women nationwide. Group begins in mid-October.

Compassion Based Therapy (LGBTQ+): 3-week program delivered free using telehealth to LGBTQ+ Community nationwide. Group begins in late October.

Compassion Based Therapy (Young People aged 13-17): 3-week program delivered free using telehealth to young people nationwide. Group begins in Term 4.

Social Anxiety Group (Adults): 6-week program delivered free using telehealth to people nationwide. Group begins in early October.

Social Anxiety for Young People: 6-week program delivered free using telehealth to young people nationwide. Group begins in Term 4.

Domestic & Family Violence Recovery Program (Women): New 6-week program for women who are no longer at acute risk or have survived domestic & family violence. The evidence-based group work program will be delivered remotely via telehealth (zoom).

Years F-6 Coordinator
Kim Fitzpatrick

F-6 Upcoming Events

- Fri 16th Sept – End of Term 3 Assembly, 1.50pm
- Fri 16th Sept - 2.30pm dismissal
- Mon 3rd Sept – First Day Term 4
- Fri 7th Sept – Stomp Dance Performance 9-10.30am

Kinder Transition Meeting

A good group of parents and their children attended the “Get to Know Charlton College” session last night. This was an opportunity for the parents to learn about the College and ask questions. Importantly, it was a chance for the children to familiarise themselves with the school and their classroom teacher, Lizzie Judd, in readiness for the transition day.

Students of the Week



Found-one: Ned for being a helpful classmate.

Year one-two Matey: Wally for writing an imaginative text about running birds swooping and swishing grass.

Year three-four: Aria for displaying resilience by keeping on trying, even with challenging tasks.



Year five-six: Rhys for being responsible by remaining focused during writing.

Reading Awards



Another student has reached the 200-night milestone and others are tracking along nicely. Remember to stock up on books to do some reading over the holidays. Those acknowledged on Monday were:

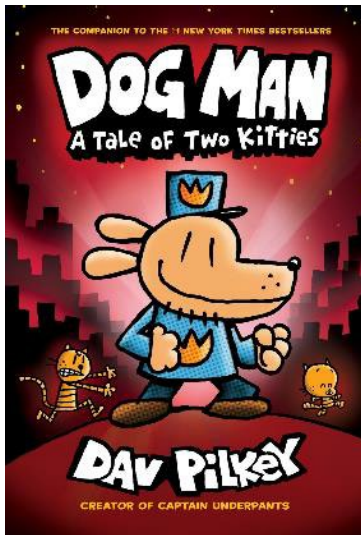
75 nights: Lilymae
150 nights: Nate
175 nights: Isabella
200 nights: Anna

Book Recommendations

On Monday at assembly, we had two students recommend books:



Anna recommended the book, “Smile”. She says it is a graphic novel. The storyline is about a girl who falls and loses her two front teeth and has to get braces. Anna found it funny and recommends it for students in Year 4 up and she rates it 5 stars.



Chace recommended "Dog Man". The story line sees him destroying towns. Chace says it is a very funny book that he recommends to students in Years 3 & 4. He rates it 5 stars.

Calder Athletics

These students made the most of a bit of down time at the Athletics carnival the other week.

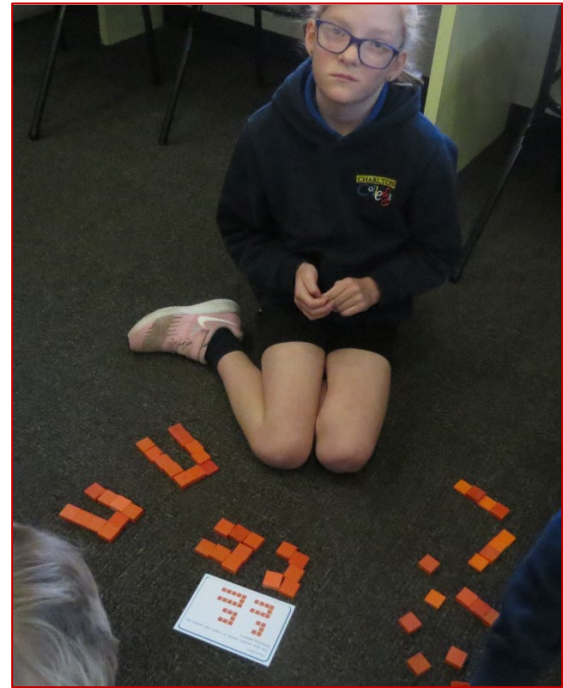


Cody, Tom, Campbell, Don and Eli showing dedication to their learning by asking if it was okay if they read while waiting for everyone to arrive at the recent Calder Sports. Very impressive!

Around the classrooms



Tyson investigating numbers



Cody investigating a pattern



Harrison undertaking a problem solving task



Lacey decorating her mask in Chinese



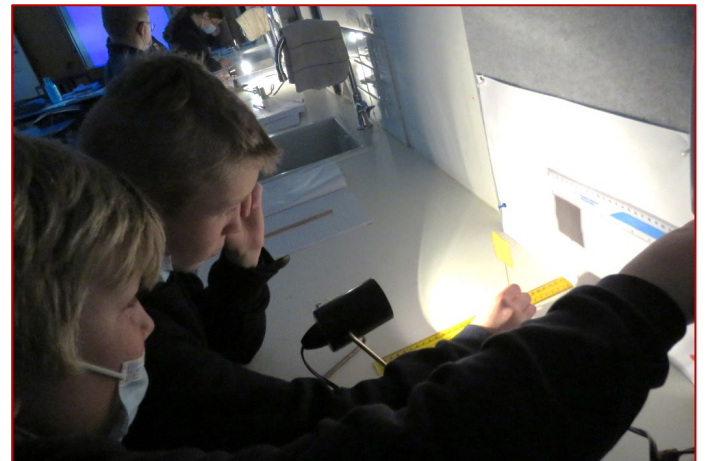
Stella, Erin and Oliver with the diabolo in Chinese



Mitchell and Xavier



Mitchell with the diabolo in Chinese



Rhys and Oliver

Happy Holidays Everyone

We hope everyone has an enjoyable spring break. Here's hoping that we get some sunny days.



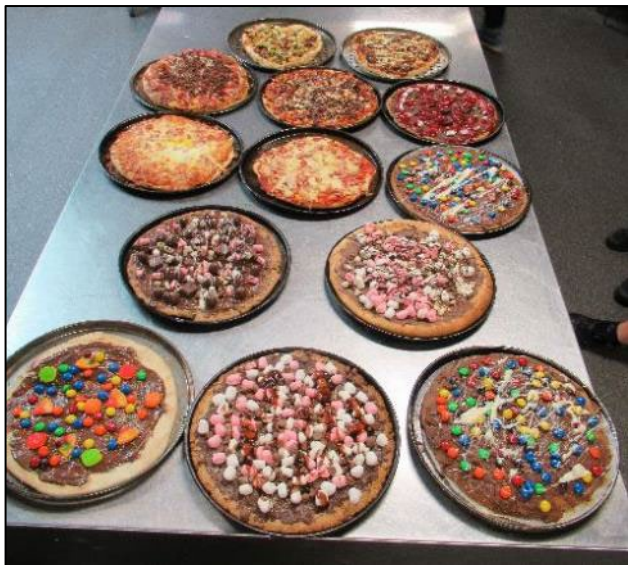
Year 5 & 6 Science

Students were investigating shadows last week. They learned what a shadow is and investigated whether translucent, transparent and opaque items would throw a shadow. Students then moved on to see what effect distance had on the size of a shadow.

**Years 7 – 9 Coordinator
Darcy McCallum**

Year 7 Food Technology

The Year 7s have been busy during the last few weeks planning their own pizza designs, which culminated in producing them yesterday (Wednesday). There was a fantastic variety such as traditional meat lovers, chicken & avocado, and a very adventurous sausage & hashbrown pizza. A few students chose variations of sweet pizzas including lolly pizzas or using cookie dough as a base covered in chocolate and M&M's. Well done Year 7s on your creativity!



Year 7 Badminton

On Tuesday, both Year 7 boys and girls teams went to Melbourne to compete in the State Badminton Championships. Although it was a tough day of competition, all students represented our small school extremely well with smiles on their faces. Both the girls and boys were able to get a few wins in singles and doubles which is a great result for all those involved. A huge thank you to Brian and Rae Heenan for volunteering their time to help coach and umpire the students; the day wouldn't be possible without your support. Congratulations to all Year 7s.



Above – a relaxed girls team!

Year 9 Grampians Camp

Year 9s are currently hiking over Mt Rosea, 1000m above sea level; yesterday the group conquered the Pinnacle and tomorrow they will be rock climbing and abseiling with the company Hangin' Out in the Grampians.

Day 1 – group pictured below



Day 2 - group pictured below this morning.



Brief report: Their packs are a little lighter, it is a little on the wet side but they are all well and 'eager' to get walking.

Term 3 has ended! Enjoy your time off and make sure you stay safe and take some time to rest and recuperate ready for a busy Term 4!

Years 10 – 12 Coordinator
Meaghan King

Work at Neighbourhood House - Written by Crystal & Aleha

Every Monday and Wednesday from 2pm to 3pm Crystal and Aleha go down to the Neighbourhood House with Miss Deason and Tracey. When we get there, we check in with Xanthe and Kaylene with what needs to be done. The things that we have done are counting and sorting out tourism pamphlets, cleaning, stock taking of pamphlets and helping out with other jobs- like getting packages for Xanthe. The reason why we go down to the Neighbourhood House is to help out the community which is a great thing for anyone to do. This week we have been out in the community delivering pamphlets and talking to businesses about the types of tourism pamphlets they hand out the most. Thank you Neighbourhood House for giving us this opportunity!



Aleha & Tracey

Reminders: Year 12 Students

EARLY ENTRY PROGRAMS

Latrobe ASPIRE – Close 16th September

RMIT Early Entry – Close 18th September

ACU Guarantee – Close 23rd September

Deakin Regional access – Close 30th September

Swinburne Early Entry – Close 6th October

Victoria University – Close 7th October

Federation Uni Early Offer – Close 12th December

VTAC Course Applications – Close 29th September

SEAS and Scholarship Applications – Close 7th October

CASPer TEST - <https://takealtus.com/casper/>

YouThrive | Rural Chances (TAFE) Scholarships



There are at least 10 Rural Chances scholarships valued at \$5000 on offer to assist young people to move away from their hometown or to assist with extensive travel required to complete TAFE (Certificate III or above, including Apprenticeships) training qualifications.

Applications for Rural Chances Scholarships are now open, and close on October 27th, 2022.

For Further information or to apply, Visit:

www.youthrivevictoria.org.au/scholarships/rural-chances/



Crystal at work

Aleha at work



VCE / VCAL Advisory Team Building

This week in advisory, a small number of the senior students showcased their talent for building card towers. Eventually, Angus Johnstone (pictured below) managed to out-build his competitors to take the win for Team Peck.



Angus, Oscar, Jackson and Abby attempt to build their card towers

University of Melbourne Hands on Engineering & IT



Wednesday 28 September, 9:30 am - 3:30 pm

University of Melbourne, Parkville Campus

A day of workshops to introduce **year 10 students** to different areas of Engineering & IT.

You don't need any prior knowledge – this day is about having a look at Engineering & IT, solving a few problems, seeing the campus, meeting some students and academics, having a pizza lunch and having fun.

Find out more:

www.eventbrite.com.au/e/hands-on-engineering-it-2022-back-on-campus-tickets-416420503937

National Computer Science School



4th January – 13th January 2023

The University of New South Wales, Sydney
The National Computer Science School (NCSS) is a ten-day summer school for students going into years

11 and 12. NCSS brings together talented young people from around Australia for an intensive course of computer programming and website development at university.

In 2023, we will be running concurrently at the University of Melbourne and at our new Sydney home, UNSW. NCSS is organised by Grok Academy together with our host universities. The school is completely residential, with all students staying with NCSS staff in full-board accommodation provided on campus.

Applications close 30 September.

Find out more: <https://grokacademy.org/ncss>

Women in STEM



The STELR team has produced a series of 19 video profiles featuring female role models and entrepreneurs from STEM fields. The role models are drawn from all states and territories in Australia and cover a wide range of STEM careers. The videos aim to inspire girls (and boys) to pursue STEM careers and aim to boost enrolments of girls in STEM subjects in senior years of schooling by highlighting study pathways.

To View the Profiles and Videos visit:

<https://stelr.org.au/womeninstem/>

5 ways parents can help teenagers study for exams



Preparing for exams can be stressful – and not just for your teenager, but for every member of the family. To help create a positive environment, there are practical ways you can help your teenager feel ready for their exams – and minimise the tension in your household. Read the full article from ReachOut to find out more:

<https://parents.au.reachout.com/common-concerns/everyday-issues/5-ways-parents-can-help-teenagers-study-for-exams>

Get creative these school holidays and enter your project in the

Charlton Show!

sew
draw
paste
write
cut
grow
craft
decorate
arrange
knit
paint
cook
art
Lego

Pick up your FREE copy of the schedule from the Community Newsletter stands or find it online at <https://showday.online/show/charlton> click on the DOCUMENTS AND DOWNLOADS tab.



CHARLTON BASKETBALL INC

Are you interested in Basketball this season on a Monday night? The Charlton Basketball Club is seeking interest in the following age groups:



Preschool- Year 2

Junior Boys: Years 3-9

Junior Girls: Years 3-9

Men: Year 10+

Women: Year 10+

We will also be looking for expressions of interest for coaching roles in the above age groups.

[Teams from other towns welcomed.](#)

Please contact

Darcy McCallum- 0428123900

Briony Zagame- 0417978218 or

Troy Heenan- 0431813344

to express your interest by Wednesday 21st September, 2022.



Charlton A & P Society
invites you to the 139th

CHARLTON SHOW

15TH OCTOBER 2022

Live music, local produce & craft pavilion, animals,
Showgirl/boy, kids entertainment, sideshow ally & showbags,
market stalls and FIREWORKS!

For full schedule & online entry visit www.showday.online/show/charlton
Program subject to change.

INTERNAL & EXTERNAL ADVERTISEMENT



Junior Food Service Assistants

Charlton Campus

- **3 hour shifts after school (finish by 6.00pm), includes some weekends & some public holidays.**
- **\$16.79 per hour base rate**

Junior applicants are sought to assist with catering and cleaning duties in acute and aged care services at Charlton Campus.

Tasks include food preparation, plating of meals and cleaning within the kitchen and general areas of the campus.

Applicants must have:

- Ability to work as part of a team
- Ability to provide a high standard of customer service
- Understanding of and commitment to safe work & hygiene practices
- Flexibility to work as required

Please note that due to Child Employment Laws, EWHS can only employ staff aged 15 years and over.

Enquiries to: Scott Wilson, Support Services Manager 03 5477 2168 or via email scott.wilson@ewhs.org.au

To apply: Applicants are required to submit an application letter outlining why they would like to apply for this role to the Human Resources Manager, via email applications@ewhs.org.au

Applications close: 5.00pm Sunday 18 September 2022

Appointment to this position is subject to a satisfactory National Police Check, evidence of a recent influenza immunisation (or evidence of valid exemption) and full immunisation (3 doses) against COVID-19 (or evidence of valid exemption).

East Wimmera Health Service is an Equal Opportunity Employer.

A handwritten signature in black ink, appearing to read 'Trevor Adem'.

Trevor Adem
Chief Executive Officer

Cultivating Healthy Communities