

'Together We Achieve'

8th September

No. 28

2022 Calendar of Events

Term 3

September

Fri	9 th	MIPs appointments with Sue Clay
Wed	14 th	Year 9 Grampians Camp commences
Fri	16 th	Year 9 Grampians Camp concludes
Fri	16 th	End of Term 3: 2.30pm finish

Term 4

October

Mon	3 rd	Term 4 commences
Mon to Fri		'Stomp' dance sessions every day
Thur	6 th	LMR Aths – Yrs 7 – 12
Fri	14 th	Calder Cricket T20: Yrs 5 & 6
Mon	17 th	Last day of Year 12 classes

November

Tues	1 st	Public Holiday – Melbourne Cup Day
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*Principal
Jamie Daff*

Whole school assembly



Next Friday we will hold an end of term whole school assembly at the 1.50pm to celebrate the late term achievements. School community members are invited to attend.

Book Week

Friday was a wonderful end to book week. Students and staff turned up in some amazing costumes.



School leaders – Lucinda and Jackson



Best Dressed

This week's SWPBS focus:

	RESPECT
CANTEEN	I will - care for and use equipment and furniture appropriately - sit down while eating - use my inside voice

Make sure you have placed your tokens in the box at the office ready for the end of term draw next Friday.



SLC meeting tomorrow at lunchtime in the library – lunch provided!!

**Student Wellbeing
Natasha Saunders**

headspace group chats

headspace group chats



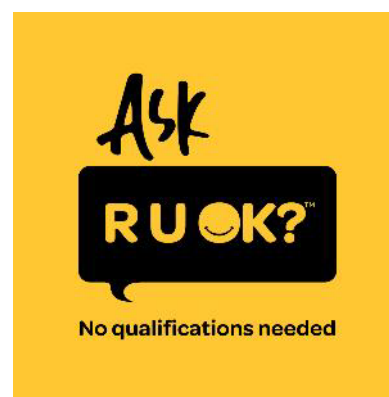
Students & parents/guardians (& staff!) may be interested in headspace's online group chats for young people & for adults supporting young people. Hosted by mental health clinicians & vocational specialists, these chats cover a range of topics & are a great way to find resources & have your questions answered.

Upcoming group chats include:

- **SEPT 20:** 'but we can still be friends'...feeling rejected
- **SEPT 22:** influencing food, fitness & feelings... language matters (for adults supporting young people)

More information can be found at <https://headspace.org.au/online-and-phone-support/join-the-community/chats-by-professionals/>

R U OK? DAY 2022



Today was R U Ok? Day- our national day of action when Australians are reminded that every day is the day to ask, 'are you OK?'

The aim of R U Ok? Day is to guide people on when & how to have a meaningful conversation with someone in their world who might be struggling.

To celebrate the day at Charlton College, the Year 7-12 Advisory groups had a special visit from Crystal Rose Murray & Aleha O'Connor who gave an R U Ok? Day chocolate to each student. The girls have been working with Charlton Neighbourhood House, who generously donated the chocolates & gave Crystal & Aleha the responsibility of distributing them. Thanks to Miss Deason who supported the girls in their efforts.

An R U Ok? Day display currently features in the corridor & shows prompts that could be used to start a conversation with someone who may be struggling. R U Ok? posters & resources are displayed on the Wellbeing board in the main corridor all year round. *Remember, a conversation could change a life!*

**Years F-6 Coordinator
Kim Fitzpatrick**

F-6 Upcoming Events

- Mon 12th Sept – Final F6 Assembly for Term 3, 9am
- Wed 14th Sept – Kinder Transition Meeting
- Fri 16th Sept – End of Term 3 Assembly, 1.50pm
- Fri 16th 2.30pm dismissal
- Mon 3rd Sept – First Day Term 4
- Fri 7th Sept – Stomp Dance Performance 9-10.30am

Final Term 3 Assembly

The final F6 assembly for term 3 will be held next Monday at 9am.

Students of the Week



Found-one: Tyson for asking questions and being enthusiastic about his learning.

Year one-two Matey: Archer for demonstrating Respect, Responsibility and Resilience at the Calder Sports.



Year three-four: Sam for working hard on his writing and showing great progress.

Year five-six: Tamsyn for always putting effort in with her work.



Reading Awards



Our first students to reach the 200-night milestone were announced at assembly this week. Super effort. Keep reading everyone. Those acknowledged Monday were:

25 nights: Ned, Marley

75 nights: Molly, Sophie

150 nights: Campbell, Stella

175 nights: Tom F, Anna

200 nights: Don, Wally, Lacey, Tom J

Calder Athletics

What a wonderful day we had last Thursday at the Calder Athletics. The first time the event has run in three years, so it was exciting for all involved. The Charlton College students did a magnificent job, gaining 3rd place in the aggregate and the relays. A fabulous effort given the number of students we had absent due to illness. All students who participated on the day should be very proud of their efforts.

A big thank you to Mrs Smyth and her Sport and Recreation students for all their organisation prior to the event and assistance on the day.



Tyson in long jump



Lilymae's shot put



Sam in the hurdles



Chace and Sophie in long jump



Nate in the sprint



Nate in the relay



*Congratulations to Archie!
Archie with his card, with maximum score of 21.*



Harry in vortex



Thanks to Maddi, in her role as sports captain and Ebony, a Sport & Rec student for their assistance and encouragement on the day.

Book Week Celebrations

Friday was our dress up day for book week. I was spellbound by the outfits that students arrived at school in. Absolutely amazing!! (Well done parents).



A sample of Found-One



Dog man (Chace)



Some of Year 1 & 2



A couple of Year 6s



A few Year 3s

This year's theme was 'dreaming with eyes wide open'. Students had a great time making dream catchers, that are currently on display on the entrance to the F6 building.



Willy Wonker (Tom) and Harry Potter (Hudson), just starting out on their dream catchers.



Shalmain and Connor colouring their dream catchers.



Rhys threading his dream catcher while Millah finishes his colouring.

Found-One Paper

In their studies on paper, Found-One students have made paper kites.



Mackenzie, Ned, Millah, Molly and Nate with their kites

CHARLTON
College

Parents and 2023 Foundation students are invited to a

'Get to know the College'

session



3.15pm on Wednesday 14th September

The Principal, Mr Jamie Daff, classroom teacher for 2023, Lizzie Judd and coordinator Kim Fitzpatrick invite you and your 2023 Foundation child to the College. We will go through some important information to prepare you for life at Charlton College, and also be able to answer any questions you may have. All while the children gain a feel for the environment, prior to the orientation days in November.

We look forward to seeing you and your child.

All other enquiries to Kim Fitzpatrick 54 911 280



This week on the menu we had Sweet Potato Flatbread, Indian Yellow Rice, Broccoli Thoran and Pita stuffed with spiced potato and herbs. Our most popular dish was made by the Bananabutts which was Sweet potato flatbread. We learnt that Broccoli Thoran is an Indian dish that is often eaten as part of a banquet in celebration of a marriage, birthday or birth. We also realised it's a good idea to have a glass of water ready as the chilli gave it a bit of a 'kick'! Thank you to the 'Vollies' we have had help us this term, Penny, Jackie, Laura, Tamara, Krystal, Kylie and Julian. Our next Kitchen class will be in Week 2 of Term 4. Please let the school know if you are interested in helping out. We would love to see some parents join us!



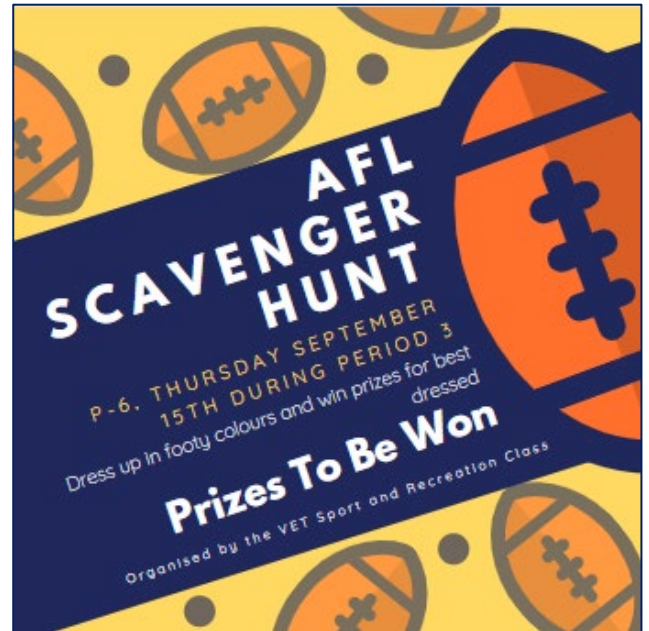
Josh demonstrating his rock and chop technique



Our meal



Our large shared table



The VET Sport and Recreation class are running an AFL Fun Day for the primary students on Thursday 15th of September. Come dressed up in your favorite footy teams colours! The day will start at 12:00pm and prizes are up for grabs for the winning team and best dressed.

Years 7 – 9 Coordinator
Darcy McCallum

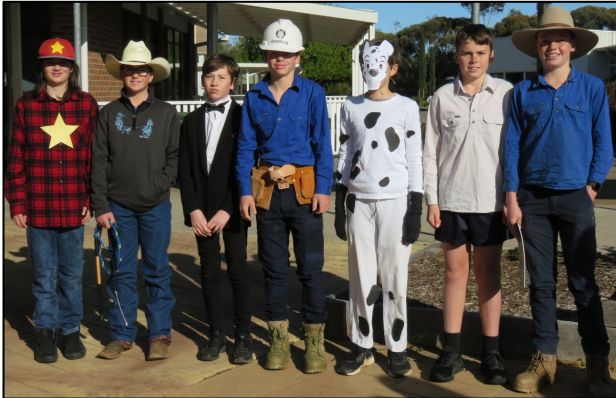


Year 9 Grampians Camp: Next Wednesday the Yr 9s will be embarking on their hiking camp through the Grampians. Remember to practice packing your pack to make sure you can fit everything! If you do not have any required equipment, please contact Mr McCallum at school so he can help find some. At this point in time there may be some rain so make sure you pack a jacket! This week the Yr 9's completed a practice hike to get used to the packs!

7-9 Book Week



Year 7..



Year 7 cont..




Year 8



Year 9


Good luck to students playing in this week's Hockey and Netball Grand final!




charlton netball club

A GRADE

C - MADDY FITZPATRICK




MADDY'S SPEED, ABILITY TO READ THE PLAY AND GENERAL NETBALL 'KNOW-HOW' MAKE HER A FORMIDABLE OPPONENT. GOES ABOUT HER BUSINESS IN A VERY UNASSUMING WAY, HOWEVER DON'T BE FOOLED - SHE IS THE ULTIMATE COMPETITOR!



charlton netball club

A GRADE

GD - ABBY THOMPSON



A TALENTED DEFENDER WHO HAS STRENGTH AND SKILLS TO MATCH. ABBY LOVES A CONTEST, AND WORKS TIRELESSLY TO CREATE TURNOVER AFTER TURNOVER.



HOCKEY POPPY FITZPATRICK



Poppy is a hard working forward, who knows what the post in is and loves a good cherry pick / deflection in goals.



HOCKEY AMALI FITZPATRICK



Amali is cool, calm and collected, a great listener, a hard working midfielder and versatile.



HOCKEY ANNIE OLIVE



Annie is a strong defender, who gets the job done and is strong over the ball.



HOCKEY AMY CAMPBELL



Amy is a speedy forward, great at positioning on the field and eager to score goals.



HOCKEY

ELISE FITZPATRICK



Elise is a clean, dedicated and very skilful player, great drive down the forward line and loves a good goal.

Work Experience

FUNDRAISING OPPORTUNITIES for 2022 & 2023 Year 10 students.

Charlton Show: 15th of October

We have been offered the opportunity to run the following areas as potential fundraising ideas at this years Charlton Show:

- Kiosk from 3 - 5:30pm: drinks, ice-creams and some food
- Afternoon tea for the public - provide slices / scones, tea and coffee - 2:30pm - 4:30pm
- Make lunches for judges - rolls x 12 - show committee will pay us for these

Ok Motels: 29th – 30th of October

We will also have Ok Motels just around the corner, where we will require a significant number of volunteers from the year 9 + 10 group to provide dinner on Saturday night and potentially the breakfast on the Sunday morning.

Please contact Chelsea if you are available to help at either event:

Chelsea.deason@education.vic.edu.au

Years 10 – 12 Coordinator Meaghan King

In Health classes, the Year 10s have been learning about conception, pregnancy and the development of a baby. To finish the unit, they will be participating in the Baby Think It Over Program. This involves having a baby simulator for 2days/2nights. They will be completing the 2 day prac for the remainder of this term and the beginning of next term.

Week 9	STUDENT 1 - Nick STUDENT 2 - Hugh	STUDENT 1 - Murphy STUDENT 2 - Ajay	STUDENT 1 - Fletcher STUDENT 2 - Dayne
Week 10	STUDENT 1 - Angus STUDENT 2 - Aleha	STUDENT 1 - Ned STUDENT 2 - Elliott	

Year 10 Health Baby think it over program

TERM 4	Monday 3pm - Wednesday 9am	Wednesday 3pm - Friday 9am	Friday 3pm - Sunday 9am
Week 1		STUDENT 1 - William STUDENT 2 - Andrew	STUDENT 1 - Ezzie STUDENT 2 - Elie
Week 2	STUDENT 1 - Saxon STUDENT 2 - Emily	STUDENT 1. STUDENT 2.	STUDENT 1. STUDENT 2.
Week 3	STUDENT 1. STUDENT 2.	STUDENT 1. STUDENT 2.	STUDENT 1. STUDENT 2.

10-12 Book Week



Year 10..



Year 10 cont.



Year 11



Year 12

Reminders: Year 12 Students

EARLY ENTRY PROGRAMS

Latrobe ASPIRE – Close 16th September

RMIT Early Entry – Close 18th September

ACU Guarantee – Close 23rd September

Deakin Regional access – Close 30th September

Swinburne Early Entry – Close 6th October

Victoria University – Close 7th October

Federation Uni Early Offer – Close 12th December

VTAC COURSE, SEAS, & SCHOLARSHIP APPLICATIONS

Open Now

www.vtac.edu.au

Students and parents please endeavour to complete all scholarship and SEAS applications prior to the end of the term. This gives students plenty of time to make any changes that are necessary, and also gives people time to write any letters of support required.

William Angliss | Travel, Tourism and Aviation School Holiday Program

William Angliss Institute

Wednesday 28th September, 10:30am - 2pm

This event delivers a great opportunity for students from Year 9 to Year 12, who have an interest in Travel, Tourism & Aviation and would like to experience life as an Angliss student.

Talk with our trainers, explore our Melbourne campus and experience fun and interactive activities at Angliss Experience Day.

Find out more:

www.angliss.edu.au/events-hub/angliss-travel-tourism-and-aviation-school-holiday-program/

Work Experience Opportunities

THE FLOREY

As the largest neuroscience institute in Australia, we are passionate about developing the next generation of neuroscientists and researchers.

Our work experience program is offered to year 10-12 students interested in brain development and function; how the brain works and what happens when it goes wrong. The Florey has a small number of places for High School Students in years 10-12 who are seeking work experience.

Work experience at The Florey is a great way for students to observe researchers directly, in a

laboratory or clinical setting and in a range of locations and fields.

For further information visit:

<https://florey.edu.au/about/careers/work-experience>

Work Exposure in Government (WEX)



Sunday 23rd October - Friday 28th October

The Work Exposure in Government (WEX) program is an opportunity for Aboriginal and Torres Strait Islander students to learn about careers in the Australian Government. We are seeking applications from Aboriginal and Torres Strait Islander students in Years 10, 11 and 12.

Activities and experiences may include:

- Meeting First Nations leaders, including senior government Ministers and parliamentarians.
- Visits to Australian Government agencies, including the Australian Defence Force Academy and Australian Federal Police.
- Working alongside Indigenous mentors who will help guide your personal leadership journey.
- Meeting other Indigenous students and future leaders.
- Cultural activities.
- A Careers Expo, where students can talk to representatives from a range of government agencies.

All accommodation, transportation and meals are provided. Students will be accompanied by teachers and mentors who provide cultural mentoring and leadership guidance.

Applications close 12 September 2022.

Find out More:

www.niaa.gov.au/indigenous-affairs/education/work-exposure-government-wex

Online Parent Information Session




Wednesday 14th September 6pm - 6:45 pm

Choosing a University can be one of the biggest decisions your child will make in their life journey, and they'll need your support. In this webinar we'll demystify the university application process and explain options like SEAS, scholarships, and pathways. You'll learn about the difference between terminologies, like the minimum ATAR and minimum selection rank, or how change of preference works

and whether there are alternative options to their dream course.

www.latrobe.edu.au/events/all/parent-information-session

Community News



YOUTH YOGA X THIS GIRL CAN

A fun, beginner yoga session for young women aged 12-24, including an introduction to foundational yoga postures, group & partner activities and simple breathwork practices.


Wednesday 14th of September
Charlton Senior Citizens Building
Time: 4:30pm
Cost: Free!
RSVP to Terri by texting 0498 577 911

THIS GIRL CAN #ThisGirlCanVIC

BULOKE SHIRE COUNCIL

CHANGE THE GAME VICTORIA VicHealth


CHARLTON NEIGHBOURHOOD HOUSE



MARINE AND PERSONAL WATERCRAFT LICENSE

WHEN: SUNDAY 23RD OCTOBER 10AM-2PM
WHERE: CHARLTON SENIOR CITIZENS
COST: \$120PP
ENROL NOW! VIA OUR WEBSITE OR COME VISIT US AT THE NEIGHBOURHOOD HOUSE

AVAILABLE FOR PARTICIPANTS 12 AND OVER
 (PLEASE NOTE 12-15 YEAR OLDS CAN NOT GET PERSONAL WATERCRAFT LICENSE)



Charlton Neighbourhood House
The Heart of Our Community

Enrolment closes 12th September

HLTAID011 & HLTAID009

FIRST AID & CPR TRAINING

SUNDAY, SEPTEMBER 18

Provided by Access Skills Training

At Charlton Senior Citizens from 9am-3:30pm

Space is limited so register today!

Prices:
 HLTAID011- \$185
 HLTAID009- \$90

Special student price:
 HLTAID011- \$60
 HLTAID009- \$30



Charlton Neighbourhood House
The Heart of Our Community

REGISTER BY OUR WEBSITE
[HTTPS://WWW.CHARLTONNH.ORG.AU/](https://www.charltonnh.org.au/)
 OR POP INTO THE NEIGHBOURHOOD HOUSE

Collective_Society_Charlton

- ⚡ Every Thursday of the school term 5-7pm
- ⚡ Charlton College Stadium
- ⚡ High Schoolers Years 7 – 12
- ⚡ Games/Community/Fun

For more information....📍

<https://www.instagram.com/collective.societych/?hl=en>

This Week at Collective!!!

	CHANGE OF TIME & DAY!	 PIZZA
CHARLTON X THURSDAY		
THURSDAY SEPTEMBER 8	5PM – 7PM	CHARLTON SCHOOL HALL

COLLECTIVE SOCIETY



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'Get to know the College'

session



3.15pm on Wednesday 14th September

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We look forward to seeing you and your child.

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Sweet Potato Flatbread

Season: Autumn/Winter

Serves: 32 small flatbreads

Recipe source: Adapted from a recipe by Foster Primary School, Victoria

Fresh from the garden: sweet potatoes

This variation of a basic Indian flatbread recipe uses soft roasted sweet potatoes to flavour and moisten the dough.

EQUIPMENT:

metric measuring scales and spoons
tea towel
chopping board
cook's knife
2 baking trays
bowls – 1 medium, 1 large
potato masher
mixing spoon
rolling pin
2 heavy-based frying pans
spatula or egg flip
tongs
foil

INGREDIENTS:

1 kg sweet potatoes, cut into 2 cm chunks
2 tsp sea salt
5 tbsp extra-virgin olive oil
1 kg plain flour, plus a little extra for dusting
a little extra water for the dough, if required

WHAT TO DO:

1. Preheat the oven to 180°C.
2. Prepare all the ingredients based on the instructions in the ingredients list.
3. Roast the sweet potatoes on a baking tray in the oven until soft.
4. Remove the sweet potatoes, place in the medium-sized bowl and mash until smooth. Mix through the salt and olive oil.
5. Put the flour into the large bowl, add the sweet potato mixture and mix it together. If the dough is too crumbly and won't combine, add a tablespoon of water at a time and mix until the dough combines without sticking to your hands.
6. Sprinkle some flour on a clean workbench.
7. Place the dough on your workbench and knead until the dough is smooth and elastic, about 8 minutes.
8. Roll and shape the dough into a long log and divide with a knife into 32 even pieces, each approximately the size of a walnut.



Sweet Potato Flatbread continued

9. Flatten each piece of dough with your hand, then roll it out thinly with the rolling pin to about 10 cm in diameter.
10. Set both frying pans to heat while the dough is being worked.
11. Place a few flattened discs of dough at a time into the hot, dry pans and cook them for 2 minutes. Flip them over with your spatula and cook for a further 2 minutes. You want the flatbread golden, with a few bubbles and darker spots, but not charred.
12. Transfer the cooked flatbreads to a baking tray using tongs. Cover the tray in foil to keep the flatbreads warm until you are ready to eat.

