

2022 Calendar of Events

Term 3

July

Fri 29th Gr 5 /6 Urban Camp concludes

August

Wed 3rd Year 10 Ecolinc Excursion
Fri 5th MIPs appointments with Sue Clay
Mon 8th MIPs appointments with Sue Clay
Fri 12th House Athletics
Wed 24th NCD Athletics at Charlton Park: Yrs 7 - 12
Thurs 25th Calder Athletics: F - 6
Fri 26th Pupil free day – Staff Curriculum day
Tues 30th MIPs appointments with Sue Clay

September

Mon 5th MIPs appointments with Sue Clay
Fri 9th MIPs appointments with Sue Clay
Wed 14th Year 9 Grampians Camp commences
Fri 16th Year 9 Grampians Camp concludes
Fri 16th End of Term 3: 2.30pm finish

Principal
Jamie Daff

Welcome to week three of term. It has been a very busy start to the term. Last week the Year 10 students went on ski camp and from all reports on the drive home, had a great week. This week the Years 5-6 students are on Urban Camp and having a great time. Thank you to all the staff that put the time and effort into organising and going on these camps to ensure our students are able to have these great experiences.

We are still looking for one parent representative for School Council; please contact me at the school or speak to Troy Heenan (School Council President) if you are interested.

This week's SWPBS focus:

RESPECT

LEARNING SPACES

I will

- use my inside/appropriate voice
- listen to others
- let others learn
- respect the opinion of others

Student Wellbeing
Natasha Saunders

Smile Squad packs



Smile Squad dental have provided the College with a free dental hygiene pack for each student. Your child will be given a pack which contains some useful dental hygiene information, a toothbrush and toothpaste.

Pat Cronin Foundation & Be Wise visit (Years 10-12)



PAT CRONIN
FOUNDATION

During Advisory on Thursday 4th August, the Year 10-12 students will participate in a presentation from the Pat Cronin Foundation & Be Wise. The Pat Cronin Foundation was established by the Cronin family & community members following the tragic death of Pat, a young man who was

killed in a coward punch attack. The session will cover Pat's story, anger & aggression, violence prevention strategies & the consequences of violence in our community. Parents & students are encouraged to read the attached flyer. Please contact Natasha if you have any questions or concerns.

headspace group chats

headspace group chats



Students & parents/guardians (& staff!) may be interested in headspace's online group chats for young people & for adults supporting young people. Hosted by mental health clinicians & vocational specialists, these chats cover a range of topics & are a great way to find resources & have your questions answered.

Upcoming group chats include:

- **JULY 28:** supporting someone with ADHD in a neurotypical world (for adults supporting young people)
- **JULY 31:** exploring your cultural identity
- **AUGUST 7:** getting parents on board when you need service supports
- **AUGUST 16:** you don't understand my ADHD
- **AUGUST 25:** teen parties, drinking & other drugs (for adults supporting young people)
- **SEPT 4:** the perfectionism predicament
- **SEPT 20:** 'but we can still be friends'...feeling rejected
- **SEPT 22:** influencing food, fitness & feelings... language matters (for adults supporting young people)

More information can be found at <https://headspace.org.au/online-and-phone-support/join-the-community/chats-by-professionals/>

Catholic Care Victoria (CCV) parent sessions & workshops- Term 3, 2022

Once again, CCV are offering a great selection of parent sessions and workshops. Please refer to the information below for details. Registration can be completed by heading to: <https://www.catholiccarevic.org.au/directory/services/parenting-programs-and-workshops>

MULTI-SESSION PROGRAMS

It's About the Kids

Post-separation program

When: Tuesdays, 2 August - 30 August

Sessions: 5

Time: 6-8pm

Cost: \$60 (\$30 Concession)

Where: Online Zoom

SINGLE SESSION PROGRAMS

Tech Strategies for Families

For parents, carers and professionals with/working with kids aged under 12

When: Tuesday 23 August

Time: 7:00 - 8:30pm

Cost: Free

Where: Online Zoom

This is not a tech safety workshop. It will provide strategies for reducing conflict in the home caused by technology.

Tech Strategies for Families

For parents, carers and professionals with/working with kids aged under 12

When: Thursday 25 August

Time: 11:30am - 1:00pm

Cost: Free

Where: Online Zoom

This is not a tech safety workshop. It will provide strategies for reducing conflict in the home caused by technology.

Helping Kids with Big Emotions

For parents with kids aged under 12

When: Tuesday 30 August

Time: 7:00 - 8:30pm

Cost: Free

Where: Online Zoom

SLC

Last Friday the SLC hosted its first special breakfast of the term which was bacon and eggs. We would all like to thank the Charlton Lions Club for their help with cooking the breakfast as well as all staff and students who supported us on the morning. Our next special breakfast will be in week 6; we look forward to seeing you all there!

Also, just a reminder for all SLC members that there will be a meeting **tomorrow** (29/07/2022) at lunch in the Library.



Years F-6 Coordinator
Kim Fitzpatrick

F-6 Upcoming Events

Wed 3rd August – Be Fit, Be Well presentation VIS TBC
Wed 3rd August – Australian Mathematics Competition TBC (select students in Years 4 to 12)
Fri 12th August - Junklandia
Fri 12th August – House Athletics
Thurs 25th August – Calder Athletics

There has been a lot going on in the F-6 area this week. With Years 5 & 6 in the city on Urban Camp and the Foundation students attending school for their 100th day.

Missing Jumper

This school jumper does have a name on it. The name is embroidered in light blue on the bottom at the back. Can parents please check the school jumpers at home. If you happen to find it, please return it to me at school.

Foundation 100 Days

On Tuesday the 2022 Foundation class reached their 100 days of school milestone. They dressed as old people and undertook a variety of activities throughout the day based on the number 100.



2022 Foundation class



Undertaking a numeracy activity

Urban Camp The MCG

The Years 5 and 6 students have been having a fabulous time at Urban Camp. They hit the ground running on Monday, where they arrived in Melbourne and after throwing their gear in their rooms, they quickly boarded a tram to the MCG, arriving just in

time for a tour. They were very fortunate, as the rooms had not been packed up from the match the previous day, so they went down and had a look at the Collingwood rooms. Rumour has it they sang the local theme song while they were down there. After that they went off to the Chinese Museum, returned to camp for their evening meal, then burned some energy at Bounce.



Skydeck

Footy Clinic

Students were involved in the second of our AFL clinics on Friday.



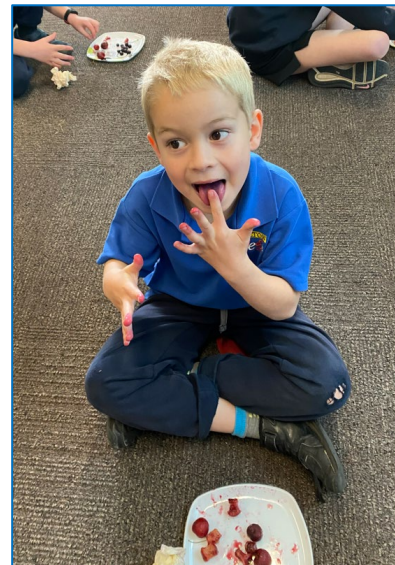
In the planetarium at Scienceworks

The first destination on Tuesday was Scienceworks, followed by a walk around the Queen Victoria Market, then off to Artvo, back to camp for a meal and off to Ice Skating. The report I received was that students loved this, despite the blisters and bruises they collected. Wednesday's first destination was the Aquarium. This was followed up by a visit to the Old Melbourne Gaol. They were fortunate to be able to gain an earlier appointment at Skydeck, so also got to visit the Winter Queen Victoria Market. Wow, and that is only 3 days worth! We look forward to hearing the full details when they return.





Harrison testing



Eli making sure he gets every last bit, as Mrs Fahey's cherries are the absolute best they tell me!

Around the Classrooms



A wonderful visual of fractions by Chace from Miss Rees' class

Mrs Fahey's group were using the five senses to investigate what effect heating and cooling has on fruits.



This week was our first shared meal for SAKG. The 'Banana Butts' and the 'Crabby Coconuts' made risotto of the imagination, adding pumpkin and silver beet from the garden. The 'Cool Carrots' made carrot dip, The 'Wonderful Watermelons' and the 'Better Beetroots' made Indian flat bread. The risotto was voted most popular. The recipe attached to the newsletter is a fantastic base recipe where you can add your own vegetables, depending on what is in season. A huge thank you to our 'Vollies' Penny and Tamara who came in to help out. We appreciate your assistance!

Contributed by the 'Crabby Coconuts'.



Tom and Nate kneading the dough for the flat bread under the watchful eye of Tamara.



Our meal.



Share time, ready to eat.



Washing the dishes (in style). They are very good at it!

**Years 7 – 9 Coordinator
Darcy McCallum**

Athlete Speaker:

Last Monday the Years 7-9 students had Carly James (pictured below with the students) from the Victorian Institute of Sport visit and speak to them about resilience and overcoming obstacles in life and sport, as well as the importance of nutrition and a balanced diet to have success in sport and school. Carly has represented Australia in multiple hockey world championships and is currently training to make the 2024 Olympic squad.



LMR Badminton:

Congratulations to the Yr 7 Boys and Girls and Yr 8 Boys who represented the College in Bendigo at the LMR Badminton. They Yr 8 team was a close runner up and both Yr 7 teams won on the day and will be competing at the State Badminton tournament in Melbourne on the 13th of September.



Year 7 Boys Team



Year 7 Girls Team



Yr 8 Boys Team

Athletics:

Friday the 12th of August (week 5) will see the Charlton College House Athletics carnival run this year. Students are encouraged to dress up in house colours so start planning your dress up! During the week leading up to the day, students will complete the high jump and 1500m race during a lunchtime. Good luck everyone!

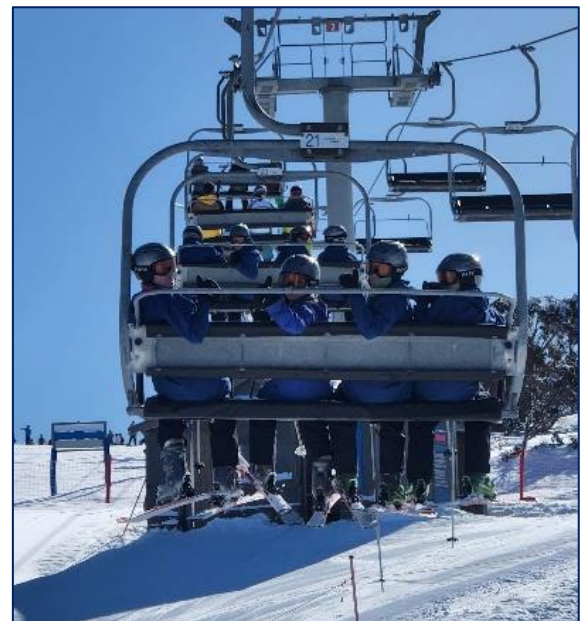
Grampians Camp:

Permission forms have been handed out for Yr 9 Grampians Camp which will be run in the last week of term; can these please be signed and returned. There will be more information to come in the following weeks.

Yr 10:

Snow Camp:

Last week the Yr 10 students endured a 5-hour drive to Bogong Outdoor School. We were blessed with perfect skiing conditions. Throughout the week students learnt about the alpine environment, developed their cross-country skiing and downhill skiing. Well done to all students who took on the challenge and learnt new skills throughout the week!



CHRISTMAS IN JULY FOR HOSPITALITY

Last Thursday, Hospitality students catered for the Charlton Red Hatter's Christmas in July party. A two course Christmas lunch was prepared, cooked and served for the 19 guests.

This day was a fantastic opportunity for VET NCTTC Hospitality students to not only practise catering for a large group but also to think through timely preparation and presentation of their meals. Students had to work alongside one another, utilising effective communication skills whilst getting a glimpse of what life would be like inside a busy restaurant and / or catering business.

Well done to all students and staff involved – Bernie, Kylie, Tanya and Fiona. The day was a huge success.



Years 10 – 12 Coordinator
Meaghan King

Pathways to progress Year 9 & 10 Information night

Our Year 9 and 10 information night, Pathways to Progress, has been postponed to **Monday 8th August 2022**. Presentations will start at **6.00pm**, after which subject teachers will be available to answer questions. Please could all Year 9 and 10 families keep this date free so that they are able to attend this important night. Students will be given a hardcopy invitation this week, and Year 10 students will be given a form to express interest in subjects. Over the course of Term 3, Year 9 and 10 students will be given the opportunity to engage in extensive course counselling with Miss King (10-12 Coordinator), Mr McCallum (7-9 Coordinator), and Mr McKenzie (VET Manager) to assist them with their subject choices.

Pathways for Progress

An information evening for Year 9 and 10 parents/guardians and students

Monday 8th August 2022

- Gain information on subject content and demands for 2023
- Find out about VCE, VCE VM, VPC and VET requirements
- Hear about the Year 10 Work Experience program
- Explore your pathways options
- Speak with Charlton College staff




Time: 6.00 – 7.30 PM
Venue: Charlton College
Information Session: Room 14
Charlton College staff information: Room 1

VTAC Information night for Year 12 students

Families of any Year 12 students that may want to apply for courses through VTAC are strongly encouraged to attend the VTAC information night, to be held on **Wednesday 17th August 2022**, starting at **6.00 pm**. The purpose of this evening is to explain the VTAC application process to students and families, and assist with opening their application accounts. Most University course applications and some TAFE applications are managed via this platform.

Year 12 Reminders

-  **EARLY ENTRY PROGRAMS**
- Charles Sturt Advantage** – Close 4th September (3rd round)
 - Latrobe ASPIRE** – Open Now, Close 16th September
 - RMIT Early Entry** – Open Now, Close 18th September
 - ACU Guarantee** – Open 18th July, Close 23rd September
 - Swinburne Early Entry** – Open Now, Close 6th October
 - Victoria University** – Open Now, Close 7th October
 - Federation Uni Early Offer** – Open Now, Close 12th December

Deakin Regional access Scheme – Opens Early August

[VTAC COURSE, SEAS, & SCHOLARSHIP APPLICATIONS](#)

Open Monday 1st August

[YOUTHRIVE SCHOLARSHIPS](#)

UNIVERSITY - Open 30th June – Close 26th August
www.youthrivevictoria.org.au/scholarships/uni-scholarships/

VTAC webinars for parents

While Charlton College will be providing an in-depth information session on the process of applying for courses through VTAC, parents are welcome to engage in the webinars run by VTAC in addition to this.

VTAC | Applying for courses in 2023 Webinar

Monday 1st August 2022, 6:00 pm

Join the VTAC team for a live webinar which will cover all aspects of the VTAC application process – from finding course information and making sure you're eligible, all the way through to actually receiving an offer. You'll have the opportunity to ask questions throughout, so join us to find out everything you need to know about getting to uni, TAFE, or college next year!

To register visit:

https://us02web.zoom.us/webinar/register/WN_bsGYJrndQqmDiyjHdN1gpQ

VTAC | Understanding special consideration (SEAS) and scholarships Webinar

Tuesday 2nd August 2022, 6:00 pm

Join the VTAC team for a live webinar which will focus on the application process for special consideration via SEAS, the Special Entry Access Scheme. We'll also cover the VTAC application for scholarships. You'll have the opportunity to ask questions throughout, so join us to find out everything you need to know about submitting your applications for SEAS and scholarships!

To Register Visit:

https://us02web.zoom.us/webinar/register/WN_1aMaMdQGR8GTQ_EV86UBxg

Open Days

University, TAFE and Private Provider Open days are an excellent opportunity for students to explore course and career options. They are particularly beneficial to students in Years 10, 11 and 12. In advisory and at TIS, students in Years 11 and 12 were provided with a list of upcoming open days in 2023.

With open day season almost upon us, understanding what to expect, and what you need to do and explore on campus is important to make the exercise less overwhelming.

For a list of 2022 Open Days, visit

www.vtac.edu.au/opendays.html

Work Experience opportunity (Melbourne locations)



At National Pharmacies, we are proud to offer work experience programs to secondary students and university students who are either studying, or have an interest in studying, Pharmacy.

For Further information visit:

www.nationalpharmacies.com.au/careers/

Unique Student Identifier (USI)

The USI is a unique identifier which keeps an online record of your education and training qualifications.

All Year 12 Students applying for courses through VTAC will need a USI to set up their Account.

Students that have completed any vocational (VET) training in the past have almost certainly already got a USI - Check here: www.usi.gov.au/faqs/find-your-usi

How to get a USI if you have not done so before

Getting your USI is easy, free and takes less than 5 minutes. And you only have to create it once and you will have it for life!

Visit: www.usi.gov.au/your-usi/create-usi

Tumbling Tots

Charlton Stadium

Tuesdays: August 2nd, 9th, 23rd and 6th of September at 10:45am to 11:45am.

Gold coin donation. Suitable for crawlers to 5 year olds. VCAL PDS students are running a café prior to the event. See advert below.

**TUMBLING
TOTS CAFÉ**
ORGANISED BY NCTTC VCAL

YOU'RE INVITED TO JOIN US!

**2ND 9TH 23RD OF AUGUST 6TH
SEPTEMBER**

Charlton community stadium
10am-10.30am

Prices-

- Coffee & Hot choc- \$4.50 each
- Tea- \$3.00 each
- Baby Chino with Marshmallow- \$3.00 each
- Cookies- \$1.50 each
- Sausage rolls- \$1.50 each



**PAT CRONIN
FOUNDATION**

The Pat Cronin Foundation

On 16 April 2016, Pat Cronin was killed by a single Coward Punch as he went to assist a mate who was being attacked. Despite not being knocked-out, the force of that Coward Punch was enough to fracture Pat's skull, causing an inoperable bleed on his brain. Two days later, Pat's parents Matt, and Robyn Cronin, made the agonising decision to turn-off his life support system.

The Cronin family in partnership with members of the broader community, established the Pat Cronin Foundation in 2016 to prevent Coward Punch attacks and honour Pat.

The Coward Punch

Coward Punch attacks generally occur in social settings. In Australia between 2000-2016, there were 127 one-punch deaths. One death is too many. Australia is faced with an average of eight tragic and avoidable deaths per year from coward punches. Social violence affects the whole community – and needs us all to be part of the solution. The Foundation is committed to working together with its partners to ensure that social violence is not tolerated, and that the community will be free from the coward punch.

The Be Wise Program

The Be Wise program has been developed in consultation with teachers, psychologists, researchers, students, and parents to bring a whole of school/community approach to learning important wellbeing lessons. The Be Wise materials cover Pat's story, anger and aggression, strategies for violence prevention, and the consequences of violence.

Our materials link to the Personal and Social Capability area of the Victorian curriculum, specifically: recognition and expression of emotions, development of resilience, relationships and diversity, and conflict resolution. The Be Wise program uses Pat's story to illustrate clearly why these issues are important and gives a clear and relevant demonstration of the tragic consequences of not living sound values. Be Wise supports students to work on personal strategies to put respect, rights, and resilience ideals into action. We also ensure that teachers are aware that the emotional content of Pat's story may bring up issues for students and ask staff to be prepared to follow the school's welfare procedures if required.

The Be Wise Education approach is one of empowerment. Students who reflect on their own activity and make links between the materials and their own lives engage more and report a more effective experience in terms of what they learn and how they believe they will be able to employ the learnings in future.

Contact us through your school or at info@patcroninfoundation.org.au

