



PARENTS' BULLETIN – 2008
29th May **No. 16**

Website address: <http://www.charlton.vic.edu.au/>
Email: charlton.co@edumail.vic.gov.au

Calendar of Events

TERM 2

June

Tues	3 rd	Primary Winter Sports at Boort (Note change of date)
Tues	3 rd	Parents Club meeting at 7.30 pm
Fri	6 th	Pupil Free Day – Staff PD: P-12 & NCCC
Mon	9 th	Queen's Birthday Public Holiday
Wed	11 th	VCE Exams
Thurs	12 th	Pupil Free Day: P-12 Report Writing Day
Thurs	12 th	VCE Exams
Fri	13 th	GAT
Mon	16 th	Year 9 Bogong Camp commences
Mon	16 th	College Council Meeting at 7.30 pm
Wed	18 th	Yr 12s to Paul Kelly presentation
Thur	19 th	SLC Pyjama Party: wear your PJs for a gold coin donation (proceeds to Red Shield Appeal)
Fri	20 th	Year 9 Bogong Camp concludes
Fri	27 th	End of Term 2 – 2.30 pm finish

TERM 3

July

Mon	14 th	Term 3 commences
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*From the Principal
John Harley*

Dear Parents, Staff and Students

Starlab

Yesterday we had a visit from Starlab. All of our Year Prep to 8 students were able to attend and go inside the inflatable dome to look at the stars. The students always enjoy the Starlab when it comes to our school. Thank you to Mrs Hastings for coordinating the visit.

The day was concluded for our P-4 students with an afternoon concert focussing on the theme of Space. Thank you to the many parents, grandparents and friends who attended to hear and view the musical presentations, readings, science experiments and power point presentations. Thank you to all of the P-4 teachers and students for all their work.

Interschool Cross Country

Our secondary students went to Wedderburn yesterday for this annual event. All teams tried hard with our best results being achieved by Kirsty McKenzie – 1st, Laura Whykes – 3rd, Josh McKee – 5th and Jonty Guy – 9th in their respective age groups.

Primary Winter Sport

Our Grade 4-6 students will be involved in these round robin events in Boort. Please note that the revised date is Tuesday June 3rd. An invitation is extended to parents to go along to support the children in netball, hockey, newcombe and football. We will be combining with St Joseph's students for our teams.

On the following day, some of the Grade 4-6 students will be involved in the Interschool Cross Country in Bendigo – a busy week for these students.

Sports Star of the Month

At our assembly last week the Sports Star for last month was awarded to Josh McKee for his recent athletics and cross country achievements but also for his selection this year in the Bendigo Pioneers football team. Well done Josh.

Junior Landcare

The next meeting of the Charlton College Junior Landcare will be held next Tuesday at lunchtime. Kaylene Cossar and Geoff Winsall will be in attendance to provide assistance to the group as they develop projects for the future. We hope to get as good attendance as we did at the inaugural meeting.

Pupil Free Day

A reminder that there is a pupil free day on Friday June 6th. This is a network professional development day dealing with the subject of "understanding poverty".

Uniform survey

In last weeks newsletter there was more information about the proposed changes to the uniform. We are now seeking feedback from parents and at the back of the newsletter there is a survey form that we are asking every family to complete and return to the office. The students have also completed a survey in form assembly this week.

ITEMS OF UNIFORM RECOMMENDED NOT TO CHANGE:

Shoes - black shoes or boots or plain black sports shoes, brown sandals

Socks

- Boys – summer white socks – A CHANGE
- winter white or dark socks
- Girls – white socks

Girls summer dress -Summer dress to remain unchanged

Girls shorts - No change – navy (not basketball shorts) Committee to check on the styles.

Windcheater – to remain the same.

Sports uniform

The yellow polo shirt with school logo to be compulsory from P-12 and to be used for sports days, school sport and for physical Education.

Shorts to be navy basketball or football shorts

DELETED FROM THE UNIFORM

Royal blue jumper – to no longer be part of uniform

NEW ITEMS OF UNIFORM RECOMMENDED:

Boys trousers and shorts

- navy blue trousers and shorts, P-4 can have navy track suit pants

Girls winter skirt

Winter skirt – recommended that we use PSW blue check skirt – colour 9008. This is a box pleat skirt – navy, royal blue, gold, white. Cost \$41.80 incl GST. Skirt to be worn just above the knee
Winter skirt to be worn with white socks, long navy socks or navy tights.

Windcheater and zip-up jacket

Recommendation – that these be optional (students can wear both)

Zip up jacket – parachute material – similar to Charlton Netball top but with Charlton College logo.

Girls and boys polo shirt

Recommendation – royal blue or cobalt blue with school logo.

Polo fleece/knitted beanie with school logo – to be available to be worn in winter but not in class.

John Harley
Principal

Health
Tips



Flu Facts...

It's that time of year. We're locked inside, putting up with everyone else's coughs and colds and just when you've got something really important to attend or do, you get the flu! The "flu" (short for influenza) is caused by a highly contagious virus, which is spread by coughs and sneezes. A virus cannot be treated with antibiotics, so care during a bout of the flu revolves around symptom control until your body can fight off the virus itself. There are three types of flu virus - A, B and C. Influenza A is more likely to cause epidemics, and immunization is available for older and at-risk groups.

Symptoms

Flu symptoms develop one to four days after infection, and include:

- High fever, chills and sweating.
- Weakness.
- Headache and generalised muscle and joint pains (legs and back).
- A non-productive cough that later becomes more severe and productive.

'Flu' versus 'Common Cold'

The flu is more than a bad cold:

- Cold symptoms last one to two days, while the flu lasts up to 7 days.
- The flu causes a high fever. A cold sometimes causes a mild fever.
- Muscular pains and shivering attacks only occur with the flu.
- Colds cause a runny nose, while the flu usually starts with a dry sensation in the nose and throat.

Treatment

The recommended treatment for flu is:

- Bed rest until the temperature has been normal for 48 hours.
- Drink enough fluids to maintain normal urine output.
- Take paracetamol to control fever, aches and pains. Early use of anti-viral medication (available from a pharmacy) may shorten the length and severity of illness.
- Consult a doctor for the following symptoms: difficulty breathing, coughing up green-yellow phlegm or severe headache.
- Avoid exposure to dust, alcohol, fumes and tobacco smoke as much as possible.

Where to get help

- Your local doctor
- Your local community health centre
- Department of Human Services, Public Health Division
Tel. (03) 9637 4144

It is important that you do not send your child to school if they are unwell. Their body is concentrating on fighting infection, not learning. And they are spreading the infection amongst their friends!

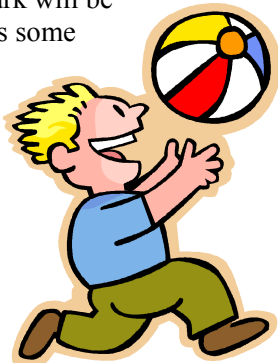
Keep healthy!.....

Information in this article is from
www.betterhealth.vic.gov.au

Active After School Program

Friday Program

The first session of the 4 week Active After School Program will be held **TOMORROW**. The focus of this program will be Bats, Balls, and Movement & Directional Games. Erin McGurk will be facilitating the program and has some wonderful games and activities to teach us. Any enquires about the program can be directed to Kim Thompson. We look forward to seeing you there!



Years Prep – 4 News

Student of the Week: Imogen Stewart

Imogen is a quiet achiever, who consistently shines in all subject areas.



Values Winners From Last Week: *Honesty*

Prep / One: Jasper Walsh

Two: Wally Townsend

Three / Four: Zoe Cossar

Value For This Week: *Steadfastness*

Responsible Citizens: Year Prep/One

Cool Cat: Year Prep/1 & Year 2

Space Concert

Yesterday we all had a fabulous afternoon singing, dancing, reading poems and stories to our families and friends. Thankyou to all P-4 staff who assisted with preparing the students for their performances.



Pictured above: Prep / 1 Dancing

Winter Sports

Next Tuesday 3rd June our Year 3 / 4 students will travel to Boort for the Winter Sports program. Students will travel by Start's bus. The bus will leave at 9.00am sharp from our school and return by 3.30pm. Students will need to take their own food and drinks for the day in their own bags.

Cross Country in Bendigo

Next Wednesday 4th June four students from the P-4 Area will travel to Bendigo for Cross Country. We wish Kye Jenkyn, Chloe Walsh, Melina Jablonka and Lewis Epskamp all the best.

Pupil Free Day Friday 6th June

Next Friday the 6th of June is a pupil free day. There will be no school for all P-12 students.

Years 5 - 8 News
Judy Stanley, Coordinator

Meals on wheels roster Monday 2nd – Friday 6th June

Monday:	Jacinta Holmes-Brown
Tuesday:	Year 7B
Wednesday:	Kylie Fitzpatrick
Thursday:	Annette Padgett
Friday:	Sue Walsh

Home Economics Victoria Food Design Challenge Student Recipe Competition

Two students from Charlton College were awarded first and third prizes in the Year 9-10 section of this statewide competition. Students were required to design, produce and evaluate their own original sweet or savoury risotto variation using the risotto recipe in *Cookery the Australian Way* as a base. The recipes were judged on creativity, recipe presentation, product presentation and product evaluation. Both students designed and produced recipes utilising produce that was both healthy and unique to regional Victoria.

Lachlan Mulquiny from Year 9 was awarded 1st prize in this section. He incorporated many ingredients into his recipe, including Kangaroo fillet and Wild Lime Chilli and Ginger Sauce.

Terina Byfieldt from Year 10 was awarded 3rd prize in this section. Her recipe utilised 'Green Tomatoes' and Olive Oil. She developed her idea using ingredients from local businesses in the Boort region.

Terina & Lachlan attended a reception on Tuesday 27th May at Camberwell High School to receive their award and accept prizes for the school. Thank-you to Dawn Hibbert and Dawn Mulquiny for travelling with the students to attend the awards presentation.

This is the third year in a row Charlton College students have been awarded prizes in this competition; Dylan Roberts-Doughty was our winner in 2006 and Abby Roberts in 2007. Congratulations to Lachlan and Terina, the judges read through hundreds of entries were very impressed with your submissions and we are very proud of your achievement. Both students were presented with an assortment of novels and a copy of *Cookery the Australian Way* signed by author Shirley Cameron from Macmillan Education. Lachlan also received a \$70.00 voucher from J.B. Hi-Fi. The school received a Sunbeam Café Mix Master and a Sunbeam 'Oscar' Food Processor.



Pictured above: Terina and Lachlan with their certificates.

ATTENDANCE AT SCHOOL

Late arrival at any classes is a disruption to other students and obviously means that a student cannot gain full benefit from the class. All students should be at school in time to attend their first class in the morning (or after lunch if they have a lunch pass) before the second bell goes. If parents are able to encourage their children to move quickly enough at home to allow this to happen it would be appreciated. Staff are asked to send late students to the office to collect a "Late Pass" if the student has not already done so. This means the student will be marked as present rather than absent and lateness will also be recorded.

Parents are reminded that the College is considered responsible for the students from the beginning of the day to its end. If a student needs to go down the street for some legitimate reason then it would be great if a parent could write a note to explain the reason and how long the student would be absent. Of course it is expected that this would happen outside of classes (ie at recess or lunchtime) if at all possible.

PRIVATE STUDY CLASSES

These classes have a very important function to serve. They allow students access to school resources (computers, library, teachers) which are not available at home. If these are not needed, then the students has time to do work which may have been set to complete out of class time, or revise, review, pre-read etc. There is always lots to do. A few students are not using their time well, and may also be distracting others from doing so. Please ask your child if they use their time well and suggest that it is in their own best interests to do so. Students continually wasting time may be asked to report to a specific location (the canteen for example) so that we can be sure they use their time well.

UNIFORM - DO YOU LIKE IT? IF NOT....

We are currently undergoing surveys to see what the new uniform might be like, if it will change etc., but we have ongoing problems with the current one. I hope that anyone who has issues with our uniform takes this opportunity to have input. If not you miss one of your few chances to alter it.

JOB VACANCIES

WORKCO

Apprentice Painter & Decorator

Location: Birchip BULOKE SHIRE COUNCIL
by 5pm Friday 13th June 2008.

Auto Apprenticeship

(Sales – Parts Interpreting)

Location: Donald MICHAELS OF DONALD
by 5pm Friday 13th June 2008.

KATE CLARK Apprenticeship Field Officer
WorkCo Limited – Donald Office

Apprentice Painter & Decorator - Birchip

by Friday, 13th June 2008. WORKCO Limited is an equal opportunity employer.

Apprentice Chef - Daylesford

May 30 2008 to WORKCO 56 High St, Ararat 3377 or via email to ararat@workco.com.au
WORKCO IS AN EQUAL OPPORTUNITY EMPLOYER

Automotive (Mechanical - Heavy Vehicle)

Apprentice - Donald

by Friday, 30th May 2008. WORKCO Limited is an equal opportunity employer.

Auto Apprenticeship (Sales - Parts

Interpreting) - Donald

by 5pm Friday, 13th June 2008. WORKCO Limited is an equal opportunity employer.

Business Administration Traineeship - Horsham

by 5pm Wednesday 28 May 2008. WORKCO Limited is an equal opportunity employer.

Auto Apprenticeship (Sales - Parts Interpreting) - Horsham

by 5pm Wednesday 11 June 2008. WORKCO Limited is an equal opportunity employer.

Information Technology Traineeship - Stawell

by 5pm Wednesday 28 May 2008. WORKCO Limited is an equal opportunity employer.

Belinda Frost **WORKCO** Limited 144 Firebrace Street Horsham Vic 3400

Ph: 53 816200 Mob: 0417 515 296

Fax: 53 811942

Email belinda.frost@workco.com.au Web:

www.workco.com.au

Community News

Charlton & District Preschool Kinder Enrollments 2009

Children must be 4 years of age by 30th April 2009. Due date for enrollments is 30th June 2008.

Contact Jenny Stirrup on
5491 2365 or 0431 – 136 888

Public Meeting

The Charlton Forum has convened a public meeting to receive community input regarding the Charlton website that they are in the process of registering the domain name of. The meeting will discuss the layout of the site and its content, seek support for the supply of information for the site, and form a small working party to oversee the development of the site.

The meeting will be held on Thursday, 29th May at 8.15 pm at the Senior Citizens Clubroom.

Those people interested are invited to attend.

DEFYING

**THE
DROUGHT**

**Free
FAMILY
DAY**



BYO CHAIR**

SUNDAY 22 JUNE 11 am-4pm

TRAVELLER'S REST PRECINCT CHARLTON

BANDS

Free BBQ - Rock Wall - Jumping Castle
Giveaways

▶ "Similar Situations"

▶ Rob Murray

**★
MC
DAVE LENNON
ABC Radio**

▶ **ABBAration** *featuring ABBA's popular hits*



Sponsored by



*Rotary District 9780 Drought Relief Committee
Ballarat Anglicare
Rotary Club of Keilor*

*In conjunction with the
Combined Service & Sporting Clubs of Charlton*

UNIFORM SURVEY

ITEMS OF UNIFORM RECOMMENDED NOT TO CHANGE:

Shoes: black shoes or boots or plain black sports shoes, brown sandals

Socks: Boys – winter white or dark socks

Girls – white socks

Girls summer dress: Summer dress to remain unchanged

Girls shorts: No change – navy (not basketball shorts) Committee to check on the styles.

Windcheater: to remain the same.

Sports uniform: the yellow polo shirt with school logo to be compulsory from P-12 and to be used for sports days, school sport and for Physical Education.

Please place a tick or cross in the box of your choice for each item

Agree that these stay the same

Disagree

If disagree – comment:

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Uniform survey: some key findings in relation to the proposed changes

- A clear majority of respondents believed that the grey uniform should be changed – 76% of students and 61% of parents.
- Significant numbers of both parents and students are urging us to change the white polo top for girls due to it being see through and because it gets dirty easily.
- Support for navy shorts and trousers for boys, although grey trousers still favoured by many too.
- A lot of support from parents and students for a zip up – either as an option or to replace the windcheater. Popular colour – navy with college logo.
- If we change polo shirt – need to consider colour –

NEW ITEMS OF UNIFORM RECOMMENDED:

Boys trousers and shorts: navy blue trousers and shorts, P-4 can have navy track suit pants

Agree with proposed change

Disagree and wish to keep grey trousers and shorts

Comment:

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.....
.....

Socks: Boys – summer white socks

Agree with proposed change

Disagree

If disagree – comment:

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Girls winter skirt:

Winter skirt – recommended that we use PSW blue check skirt – colour 9008. This is a box pleat skirt – navy, royal blue, gold, white. Cost \$41.80 inc GST. Skirt to be worn just above the knee. Winter skirt to be worn with white socks, long navy socks or navy tights.

Agree with proposed change

Disagree

If disagree – comment:

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Windcheater and zip-up jacket:

Recommendation – that these be optional (students can wear both)

Zip up jacket – parachute material – similar to Charlton Netball top but with Charlton College logo.

Agree with proposed change

Disagree

If disagree – comment:

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.....
.....

Girls and boys polo shirt:

Recommendation – royal blue or cobalt blue with school logo.

Agree with proposed change

Disagree

If disagree – comment:

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.....

Sports uniform:

Shorts to be navy basketball or football shorts

Agree with proposed change

Should remain as at present – black basketball shorts

Polo fleece/knitted beanie with school logo: to be available to be worn in winter but not in class.

Agree with proposed change

Disagree

If disagree – comment

:.....
.....
.....

PLEASE RETURN TO THE COLLEGE OFFICE